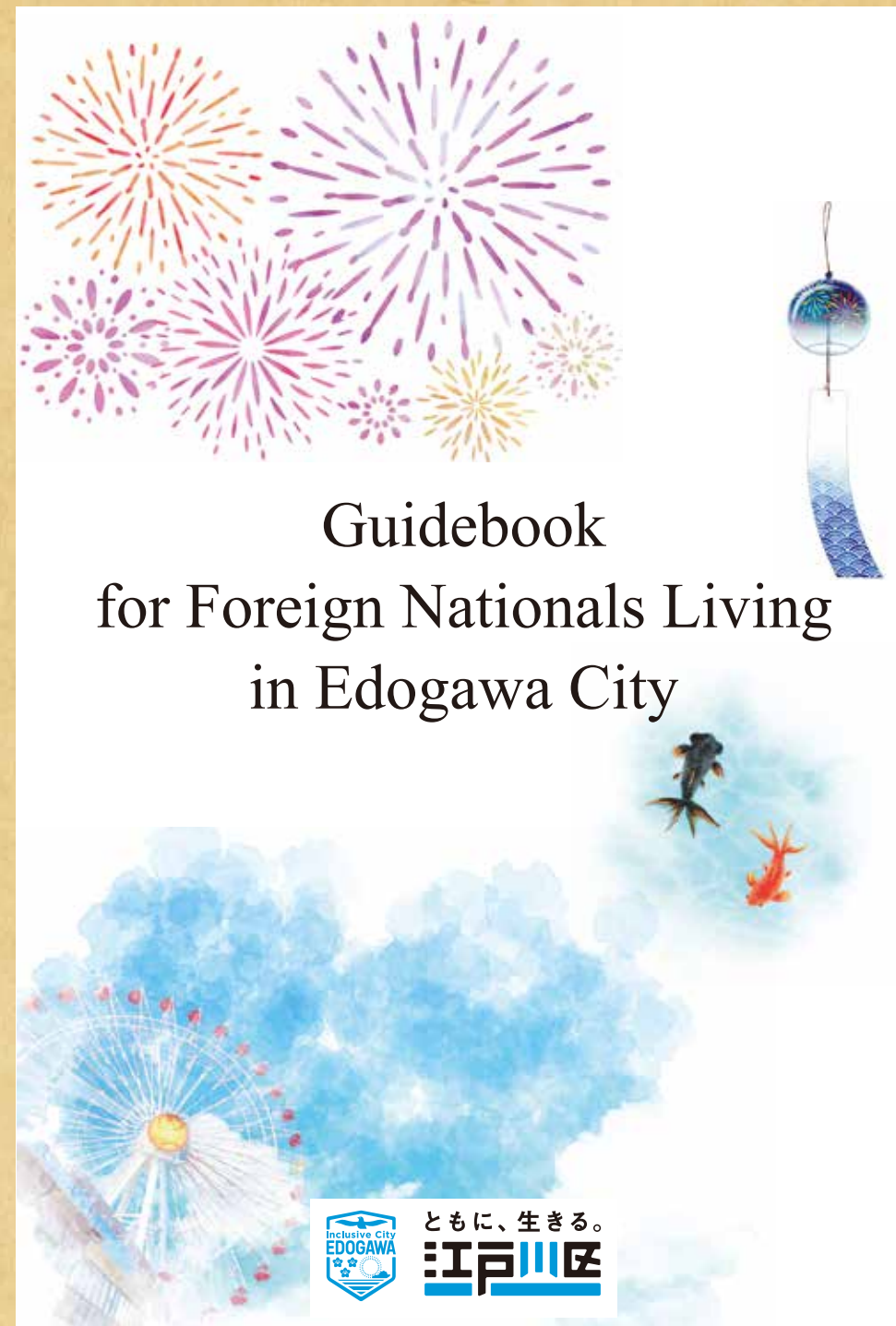


Guidebook for Foreign Nationals Living in Edogawa City



Edogawa City

Guidebook for Foreign Nationals Living in Edogawa City



Guidebook for Foreign Nationals Living in Edogawa City

CONTENTS

Welcome to Edogawa City	P 1
Code for the Promotion of an Intercultural City	P 2
Map of Edogawa City by Area	P 4
Main Government Building and Branch Offices of the Edogawa City Office	P 5
Edogawa City Intercultural Center	P 8
Quick Look at Edogawa	P10
Troubleshooting (Sudden Illnesses, Incidents, or Accidents)	P19
Disasters (Earthquakes and Typhoons/Torrential Rain)	P21
Procedures for Resident Registration and Others	P25
Information on Daily Life	P29
COLUMN on Daily Life	P36
COLUMN on Japanese Culture	P38
Transportation System	P43
Medical Care	P51
Various Consultations and Procedures	P56
Facilities in Edogawa City	P59
Leaflets and Materials for non-Japanese Speakers	P72
Information on Edogawa City	P73

Guidebook for Foreign Nationals Living in Edogawa City

March 2023: 1st Edition

October 2025: 2nd Edition

Issued by Inclusive City Promotion Section,
SDGs Promotion Department



Welcome to Edogawa City

Edogawa City

is surrounded by water and greenery and is a pleasant place to live. The City aims to be a place where people can be themselves and live a life with peace of mind. When you are in trouble or there is something that you do not know, come to the City Office.

The City website

can be translated into a variety of languages merely by clicking/tapping.

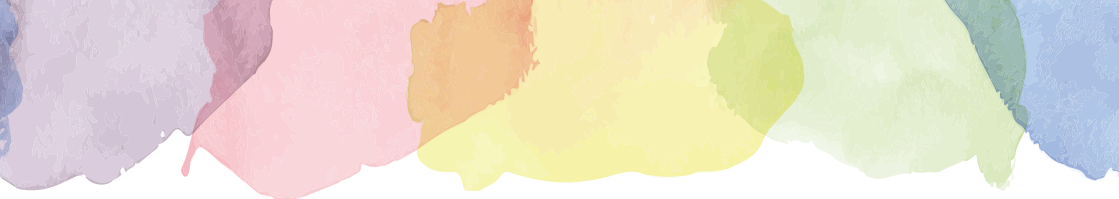
This Guidebook

has been prepared for those who have started living in Japan for the first time. This is handy in size, and we hope you will make full use of it. This will help you to live a comfortable life in Edogawa City.



Code for the Promotion of an Intercultural City

Edogawa City established the Code for the Promotion of an Intercultural City on December 20, 2023. This ordinance plainly describes the philosophy of Edogawa City as a “multicultural city” where people of different nationalities and ethnicities can live together as members of local communities with the mutual understanding of and respect for cultural differences while seeking to build equal relationships.



Edogawa City is home to people born and raised
not only in Japan but also in different countries and regions
around the world.

People from different countries and regions
have varying cultures, mindsets, and lifestyles.

For all people to live with peace of mind,
it is important that they can recognize mutual differences
and live in their own ways.

A city of diversity continues developing as a vibrant city
because people from different cultures live in support
of one another, thereby creating new cultures.

All residents live together as members of local communities
while valuing mutual cultures — we have established this
ordinance as a declaration of our goal
to be such a multicultural city.

**Code for the Promotion
of an Intercultural City**
(Japanese, English, Chinese,
and Korean)



Map of Edogawa City by Area



Main Government Building and Branch Offices of the Edogawa City Office



Edogawa City Office

Address 1-4-1, Chuo, Edogawa-ku, Tokyo
132-8501

Service hours Monday to Friday from 8:30 to 17:00

Announcement of the extension of the business hours of the Resident Section of the City Office (Main Government Building)



Closed on Saturdays, Sundays, public holidays, and year-end and New Year holidays

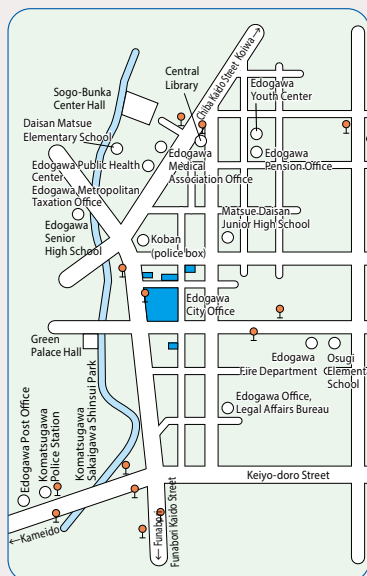
Telephone number 03-3652-1151

Access



Bus stop: Edogawa City Office-mae

- JR Sobu Line
About 10 minutes by bus from Shin-Koiwa Station
- Toei Shinjuku Line
About 15 minutes by bus from Funabori Station
- Tokyo Metro Tozai Line
About 30 minutes by bus from Nishi-Kasai Station



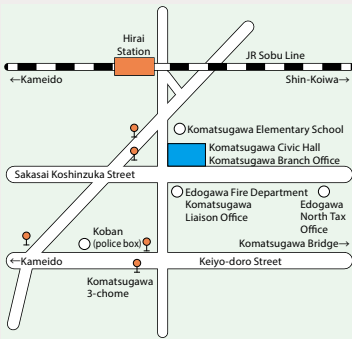
Branch offices

There are five branch offices of the Edogawa City Office providing services for residents in their respective areas.

< Services available at the offices >

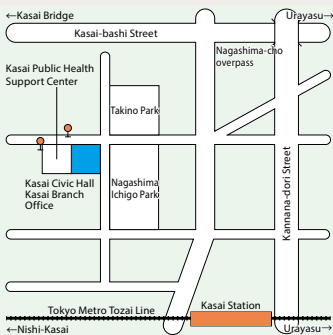
Registration of the family register, change of address,
registration of seal, national health insurance, national pension,
city tax, submission of certificates, etc.

Komatsugawa Branch Office



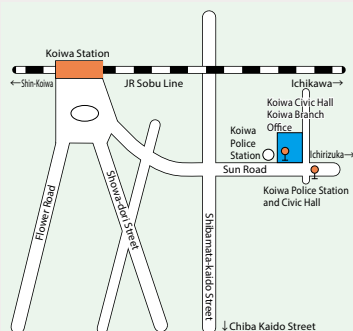
Address 4-1-1, Hirai, Edogawa-ku, Tokyo 132-0035 ☎ 03-3683-5181

Kasai Branch Office



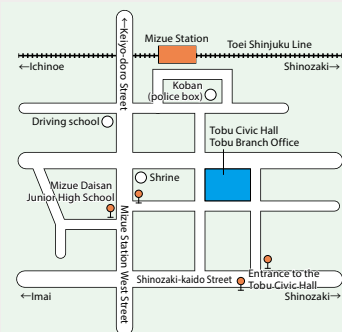
Address 3-10-1, Naka-Kasai, Edogawa-ku, Tokyo 134-0083 ☎ 03-3688-0431

Koiwa Branch Office



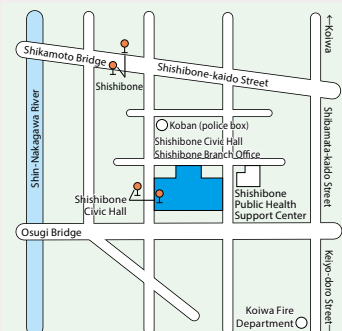
Address 6-9-14, Higashi-Koiwa, Edogawa-ku, ☎ 03-3657-1101
Tokyo 133-0052

Tobu Branch Office



Address 1-17-1, Higashi-Mizue, Edogawa-ku, ☎ 03-3679-1123
Tokyo 132-0014

Shishibone Branch Office



Address 1-54-2, Shishibone, Edogawa-ku, ☎ 03-3678-6111
Tokyo 133-0073



Edogawa City Intercultural Center

Edogawa City Consultation Desk for Foreign Residents

Living consultation service is available in various languages.

This service is also available via telephone.

[Consultation dial]

☎03-3877-3841

Callers are connected to the interpreter call center.

[Consultation hours]

Tuesday to Saturday
from 10:00 to 16:30

(Closed) Sundays, Mondays, public holidays, and year-end and New Year holidays

[Languages]

Consultation service is provided in different languages by day of the week.

Tuesday to Saturday

Japanese, English, Chinese, Korean, Portuguese, Spanish, Vietnamese, Tagalog, Nepali, and Thai

Tuesday to Friday

Indonesian, Russian, Hindi, and French

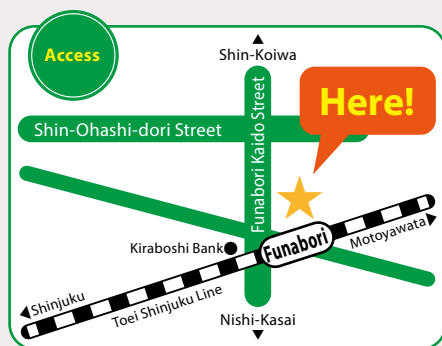
[Address]

3rd Floor, Tower Hall Funabori, 4-1-1
Funabori, Edogawa-ku, Tokyo 134-0091

[Access]

1-minute walk from Funabori Station
on the Toei Shinjuku Line

Car parking available (charges apply)



Learning Japanese

● Participating in local Japanese language classes

There are Japanese language classes operated by Edogawa City volunteer circle members where you can communicate with local residents.

Inquiry

Edogawa Volunteer Center
Green Palace, 1-38-1 Matsushima,
Edogawa-ku

☎03-5662-7671

Edogawa Volunteer Center



● Using useful websites for learning Japanese

There are websites and tools that help you study the Japanese language free of charge. The courses are usually independent study. Find the one that suits you.

Connect and Enhance
Your Life in Japanese
(TSUNAHIRO)
(Multilingual)



Japanese for Life in Japan
(IRODORI)
(Multilingual)



NHK Radio Podcast
Easy Japanese



NHK World-Japan
Easy Japanese



● Learning at Japanese language schools

These schools are mainly for international students to learn Japanese while preparing for higher education or employment in Japan. Most students go to a Japanese language school for one or two years and look for a college or job. Search for Japanese language schools in Japan from the 2D code below.

Search for
Japanese language school
(Association for the Promotion
of Japanese Language
Education)



Information for foreign residents

Delivers information on Japanese language classes, exchange events, and multicultural activities provided by the Multicultural Center.

Add the Edogawa City LINE official account as a friend and receive notifications from the Multicultural Center.

Edogawa City LINE
official account



Important notices for foreign nationals living in Edogawa City (available in 121 languages)

Information
for foreign residents



Quick Look at Edogawa

1. Kyunaka Riverside Kawazu Sakura



The riverside near the Sobu Line of the Kyunakagawa River, which flows north to south along the borders of Edogawa City, Sumida City, and Koto City, is a spot famous for the Kawazu Sakura cherry blossoms and is visited by many people every year.

It has become popular as a spot where you can take pictures of the beautiful Kawazu Sakura cherry blossoms with Tokyo Skytree® in the background. The Sobu Line runs in front of Tokyo Skytree®, and many people visit the spot to take pictures. At present, 36 Kawazu Sakura cherry trees are planted on the riverside of the Kyunaka River.

Kawazu Sakura cherry blossoms start to bloom

in the cold season, heralding the early arrival of spring

On the riverside of the Kyunaka River, blossoms start to bloom in early February every year, with the best season for viewing from late February to mid-March.

This area is also known as a waterside spot where you can enjoy canoeing and boating. You can also take a leisurely stroll.

[Location]

Riverside of the Kyunaka River (around 3-chome Hirai)

[Access]

13-minute walk from Hirai Station on the JR Sobu Line

2. Shinkawa Promenade with 1,000 Cherry Trees



"Shinkawa 1,000 Cherry Trees" refers to a famous cherry blossom viewing spot where 718 cherry trees of about 20 kinds, including Someiyoshino and weeping cherry, are planted for about 3 kilometers on both sides of the Shinkawa River. In the Edo period, Shinkawa flourished as a waterway for carrying various goods and as a "salt road" for carrying salt from Gyotoku. Although ships are no longer in service, a redevelopment project was completed in 2015 for making the historic Shinkawa area a cityscape full of Edo atmosphere by planting cherry blossoms along the promenade on both sides and establishing a fire watch tower and a pedestrian bridge.

In spring, a cherry blossom viewing boat is operated, and many people from inside and outside the City come to see the thousand cherry trees planted on the promenade from a Japanese-style rowboat. You can take a leisurely Japanese boat ride on the river to enjoy the

cherry blossoms that spread across both sides of the river.

[Location]

Around 2-chome Funabori, Edogawa-ku

Around 1-chome Kita-Kasai to around 5-chome Edogawa

Around 1-chome Higashi-Kasai

[Access]

5-minute walk from Funabori Station on the Toei Shinjuku Line



3. Fireworks Festival



The Edogawa Fireworks Festival has been held since 1976, one of the largest in Japan with about 14,000 launches at one venue. Soke Hanabi “Kagiya” (2-chome Higashi-Komatsugawa), a long-established company with a history of more than 360 years since the Edo period, has been in charge of launching since the first festival. The festival is crowded with many spectators every year because they can enjoy powerful fireworks set off on the spacious riverbed up close without obstacles. The famous opening of the festival, where 1,000 fireworks are launched in five seconds, is extremely dynamic. After energizing spectators with the opening, fireworks are launched to BGM that match the image of each program. The festival is characterized by fireworks with thickness in many layers. The fireworks depicting Mt. Fuji with golden crowns in the climax are breathtaking, setting a new Guinness World Record® for the “Tallest firework mountain.” The festival is supported by local residents and

many other people through donation boxes set up at facilities around the City.

[Date]

1st Saturday in August

[Venue]

Edogawa riverside (area around Tokyo Metropolitan Shinozaki Park)

[Organized by]

Edogawa City Fireworks Festival Executive Committee and Edogawa City

[Inquiry to]

Industry subsection, Industrial Advancement Section ☎03-5662-0523



4. Edogawa Citizens Festival (Tokyo Metropolitan Shinozaki Park)



The Edogawa Citizens Festival is the largest festival held in Edogawa City and attracts many people from inside and outside the City. The festival is aimed at promoting exchanges among residents and forming local communities and is planned and operated directly by residents. The festival is vibrant every year with parades by local kindergarteners and elementary school children in the venue, joint brass band performances by local junior high school students, and other performances by local high school students. The festival is enjoyable for visitors of any age with a wide variety of events, such as petting small animals, flower sales events, traditional crafts, international exchange, and programs for children.



[Date] 2nd Sunday in October

[Inquiry to]

Community Subsection, Community Promotion Section

☎03-5662-0515

5. Koiwa Morning Glory Market

Edogawa City is famous for the production of the morning glory. It is said that about 70% of morning glory sold at Iriya Morning Glory Festival, a famous summer tradition, is produced in Edogawa City. Koiwa Morning Glory Market was started in 1990 to help people enjoy the atmosphere of a morning glory market in Edogawa City.

The shopping street is lined with about 700 pots of morning glory that are the pride of producers. The market is also vibrated with cherry drums, dance performance, and refreshment booths.

Come and enjoy the atmosphere of the morning glory market while walking around the town of Koiwa on a refreshing morning in early summer!



[Date] 2nd Sunday in July

[Venue]

JR Koiwa Station South Exit Shopping Street

[Inquiry to]

Agriculture Subsection, Industrial Advancement Section ☎03-5662-0539

6. Shinohara Furin Honpo



Shinohara Furin Honpo



Shinohara Furin Honpo was founded in 1915 and continues to make Edo furin wind bells using the same manufacturing method as in the Edo period. Melted glass is attached to the tip of a thin glass tube and is expanded with breath. Visitors can experience making wind bells (fee and reservation required).



7. Shunkaen BONSAI Museum



Shunkaen BONSAI
Museum



In 2002, Mr. Kunio Kobayashi opened the museum in order to help many people enjoy the splendor of bonsai.

The building and the garden are filled with a Japanese atmosphere, and the entire museum is designed to help visitors enjoy the beauty of the four seasons.

In addition to experiencing bonsai, visitors can also experience the Japanese culture of the tea ceremony and kimono dressing.



8. Sento



Massage chair (back) and chair with hair dryer (front)
in the women's changing room



The painting of Mt. Fuji is repainted once a year.

Daini Kotobuki-yu, one of the public baths in the City, is a historic sento founded in 1964. The noren at the entrance is original to Daini Kotobuki-yu and is changed seasonally. After entering the door, you will see bandai (a desk for collecting fees and keeping watch over the baths). Pay your fee at the desk. In Tokyo, only about 10% of sentoes still have bandai.

The large bathtub in the bathroom comprises a mineral bath and an electric bath. In the small bathtub, you can enjoy daily medicinal water. The large, spacious bathtub has an extraordinary atmosphere that is extremely pleasant and relaxing for the people soaking in the water.

One of the features is the background painting of Mt. Fuji. In a traditional sento, you can take a bath while enjoying a painting of Mt. Fuji. The paintings are drawn by specialized artists. It is fun to visit various sentoes to view different paintings.

If this is your first visit to a sento, ask the staff or other visitors what to do. They would be happy to kindly guide you! Body soap and shampoo are available. Enjoy the sentoes, traditional Japanese public baths!

Daini Kotobuki-yu

1-10-23, Edogawa, Edogawa Ward

☎ 03-3670-6195

Opening hours: from 16:00 to 23:00

Closed: Friday

Sento MAP



9. Kiki's Museum of Literature



Kiki's Museum of Literature is a place where visitors can find their favorite books, inspired by the world view of the works of Ms. Eiko Kadono, an author of children's literature from Edogawa City renowned for Kiki's Delivery Service.

The museum was opened on November 3, 2023, as a museum of children's literature to become a place for helping children to bear the future become familiarized with children's literature and nurture their rich imagination, while sharing the works and achievements of Ms. Eiko Kadono.

In addition to Ms. Eiko Kadono's works, children's books and picture books from all over the world are on the shelves. With the wish to provide a collection of the most exciting books that children can choose and read through to the end, Ms. Eiko Kadono selected books in person. Children are free to choose books and read their favorite books on the spots that they like.

[Location]

Nagisa Park, 7-3-1 Minami-Kasai, Edogawa-ku



Kiki's Museum of
Literature



10. Buiroku (V6) Tree



On the Nagisa Park Observation Hill, an olive tree donated by V6 idol group members are planted. The tree is named the Buiroku (V6) Tree with the members' wish to encourage children who bear the future to put on smiles, join forces with their friends, and have a resilient heart.

[Location]

Nagisa Park, 7-3-1 Minami-Kasai, Edogawa-ku

[Access]

An eight-minute walk from the Toei bus stop of the Nagisa New Town or in front of Kiki's Museum of Literature

11. Bust of Gandhi



The government of India donated a bust of Mahatma Gandhi to Edogawa City, where the largest number of Indians live, as proof of friendship and goodwill. Edogawa City examined candidate locations that are familiar to Indians and other residents and decided to install the bust inside the circular flower bed in a corner of the park specified below with high pedestrian traffic.

The bust of Gandhi, including the pedestal, is 1.8 meters high and 60 centimeters wide, made of

bronze. It was created by Mr. Naresh Kumawat, an Indian sculptor. The unveiling ceremony was held on July 28, 2024, watched by local Indian and Japanese residents and with the participation of Mr. S. Jaishankar, Minister of External Affairs of the Republic of India, Mr. Sibi George, Ambassador of the Republic of India to Japan, and Mr. Takeshi Saito, Mayor of Edogawa City. On December 25, 2024, Edogawa City signed a comprehensive partnership agreement between the Indian Commerce and Industry Association of Japan and the Edogawa Branch of the Tokyo Chamber of Commerce and Industry with the aim of further developing the local economy and revitalizing community activities.

[Location]

Inside the circular flower bed in Nitta No.6 Park, 8-6 Nishi-Kasai, Edogawa-ku

[Access]

11-minute walk from Nishi-kasai Station on the Tokyo Metro Tozai Line

2-minute walk from the Dainana Kasai Elementary School-mae bus stop of Toei Bus

12. Kasai Rinkai Park

● Big Ferris Wheel of Diamond and Flower



With a height of 117 meters, this is the second largest Ferris wheel in Japan and is a symbol of the park. On a clear day, you can see Tokyo Skytree®, Tokyo Tower, and other sightseeing spots around Tokyo, as well as Mt. Fuji in the distance. At night, the Ferris wheel is illuminated with full-color LED lights. A variety of colorful graphics are projected, which allow visitors to enjoy luminous night views.

● Crystal View

Crystal View is an observatory rest house of a glass-walled building with a panoramic view of Tokyo Bay. It was designed by Mr. Yoshio Taniguchi, a master architect who has designed various modernist buildings both in Japan and abroad. Crystal View is characterized by the geometric form of about 75 meters wide and the glass-walled appearance and is a valuable spot where you can enjoy both the architectural beauty of Mr. Yoshio Taniguchi and the superb scenery of Tokyo Bay. The transparent design that blends into the sky is beautiful with spacious scenic views spreading beyond the architecture.

From the observation deck on the second floor, you can see the Plaza of Kasai Rinkai Park and Tokyo Bay, as well as Boso Peninsula in the distance.



[Location]

6-chome, Rinkai-cho, Edogawa-ku

[Access]

1-minute walk from Kasai Rinkai Koen Station on the JR Keiyo Line

Kasai Rinkai Park



A white toy police car with red and blue lights is positioned in the center. Several small, light-colored wooden human figures are scattered around it. In the background, there are stylized building blocks in grey, blue, and brown.

Troubleshooting (Sudden Illnesses, Incidents, or Accidents)

Emergency Call

Fire, illness, and injury

 **119**

When the call is connected,
speak slowly. Do not panic.

1. Say "Fire" or "Ambulance (illness or injury)."
2. Give the address of the place.
If you do not know the address, give the information of a nearby building or another landmark.
3. Explain the situation
Fire: What is burning
Ambulance: Description of illness or injury
4. Give your name and telephone number.

EMS Guide
-When you cannot decide
whether to call an ambulance-
(Website of the Tokyo Fire
Department)



Trouble and accident

 **110**

When the call is connected,
speak slowly. Do not panic.

1. Say what happened.
2. Say when and where.
3. Describe the criminal you saw or the situation you witnessed.
(Number and characteristics of criminals, in which direction they fled, etc.)
4. Explain the current situation.
5. Give your name and telephone number.

**[General Consultation Center for
Foreign Residents, the Metropolitan
Police Department]**

*Consultation in foreign languages available.

☎03-3503-8484

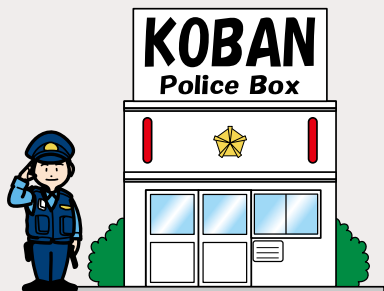
Reception desk: Monday to Friday

Business hours: From 08:30 to 17:15



Lost property

There are many Koban (police boxes) in Japan. In each police box, police officers work to protect your life and way of life. If you lose something valuable or find a lost item belonging to another, go to a police box.



Fire

You must take special care during winter in Japan, when the air is dry and a fire easily breaks out.

● To prevent fire

- Do not throw cigarette butts on the ground.



- Do not smoke in bed.
- Clean power outlets to prevent the buildup of dust.
- Make sure any fire or flame is extinguished before going out or going to bed.
- Do not use spray cans near naked flames.

● If you find a fire

- Shout out, "Kaji-da! (Fire!)" to alert people around you that there is a fire.



- Call 119 immediately.
- Attempt to extinguish the fire using fire extinguishers or water.



- If oil catches fire, do not pour water on it. Use a fire extinguisher.
- If you feel you are in danger, flee immediately.
- If you need to escape through smoke, cover your nose and mouth with a wet handkerchief and keep your body low.
- Do not use the elevators. Use the stairs to evacuate.

Disasters (Earthquake and Typhoon/ Torrential Rain)

Prepare for disasters

● Edogawa Mail News

Information on disasters and crimes in the City is emailed to subscribers (available in English, Chinese, Korean, Vietnamese, and Nepalese)

Edogawa Mail News



● Edogawa Ward Disaster Prevention Portal (available in 121 languages)

The site provides real-time disaster prevention information, such as information on weather, details of disasters, and shelters.

Edogawa Ward Disaster Prevention Portal



● Edogawa-ku Disaster Prevention Application (available in 5 languages)

Android▶



iOS▶



- Check how to gather information in the event of an emergency.



Disaster Preparedness at Home brochure

It explains disaster preparedness in detail. English, Chinese, and Japanese versions are available.

Disaster prevention at home



● **Prepare to protect your safety.**

- Prepare food and water for about three days to a week as well as batteries and a flashlight.
- Put the necessary items into a bag (emergency bag) so that you can take it out quickly if you need to evacuate.



Gloves

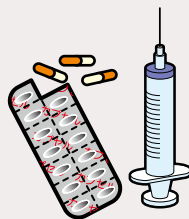


First-aid kit



Disinfectant

Medicine



Portable toilets (5 per person per day)



Portable compact toilets

Water

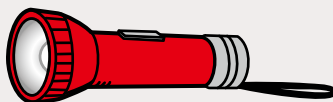


Food

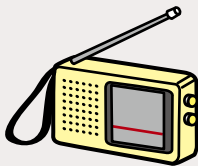


Hardtack Biscuits Mixed rice

Flashlight



Radio



Mobile phone and battery charger



Cash, seal, and bankbook



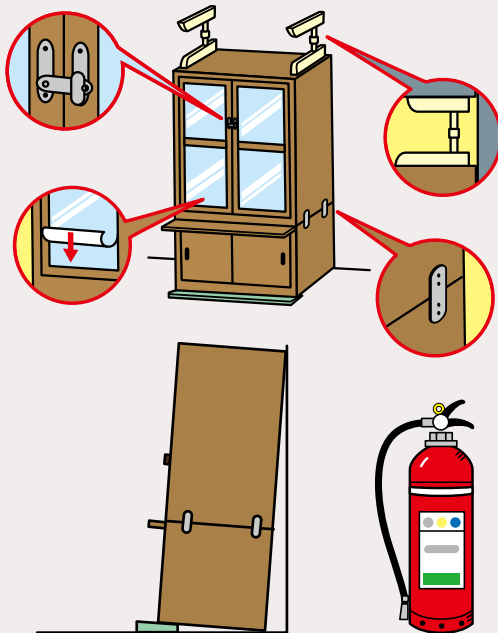
Passport / My Number Card
as Insurance Card, Health Insurance Card,
or Notice of Eligibility Information



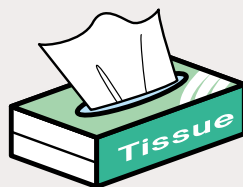
Clothes and towels



● Secure the furniture to prevent it from falling.



Tissues



● Check dangerous places and shelters in advance.

Ask neighbors in advance to provide help if an earthquake or other disaster should occur.

Decide where you will evacuate in case of an earthquake or other disaster and simulate walking there as you would during a disaster.

The Flood Hazard Map shows the locations where there is a risk of flooding and where to evacuate. The Flood Hazard Map is available in a summary and in full text for more details provided in Japanese, English, Chinese, and simple Japanese. The summary is available at the City Office and Branch Offices. It can also be downloaded from the City's website.

Edogawa City
Flood Hazard Map



● Application for subsidy associated with wide-area evaluation

When a wide-area evacuation alert is issued, a subsidy is granted for the payment to hotels outside the City used as shelters.

Application
for a subsidy associated
with a wide-area
evacuation



When a disaster strikes

● Typhoon and torrential rain

- Stay in a building when there is torrential rain or strong winds.
- If there is a risk of flooding from river water, evacuate beforehand with an emergency bag.

● Earthquake

[If you are at home or in a building]

- Protect yourself by taking cover under a table, for example.
- After the shaking stops, turn off the stove and heater.
- Open the windows and doors immediately to secure an exit. Doors may not open after a quake.
- Before evacuating to outside the building, turn off the circuit breaker.

[If you are outside a building]

- Cover your head with a bag etc. to prevent injury caused by falling objects and flee to a safe place.
- In a residential area, move away immediately from concrete block walls, gates, and other objects that may topple or fall over.

● Shelters in Edogawa City

Can be searched
by address.



Procedures for Resident Registration and Others

● Resident registration (notification of your moving in, moving out, or change of address)

If you want to take up residence in Japan, you need to notify the local government. If any of the following applies to you, go to the Edogawa City Office or other branch office to complete the necessary procedures.

- If you live in Edogawa City immediately after entering Japan
- If you move to Edogawa City from another municipality
- If you move outside Edogawa City
- If you move within Edogawa City
- If you are qualified as a mid- to long-term resident in Japan

For the procedures, your residence card, passport, etc. are required. For details, scan the two-dimensional barcode below and see the page displayed.

Resident registration



● Family register (notification of birth, death, marriage, and divorce)

If any of the following applies to you, go to the Edogawa City Office or other branch office nearby to complete the necessary procedures.

- When a child has been born
- When a family member living in Japan has died
- When you get married in Japan
- When you divorce in Japan

For the procedures, your passport and some other documents are required.

Family register



● Seal registration

A seal registered with a public organization, such as ward, city, town, or village, is called a jitsuin or a registered seal.

If you need to register your seal or need a certificate of seal registration, go to the Edogawa City Office or other branch office to complete the necessary procedures.

For the procedures, a seal to be registered and a residence card or special permanent resident certificate is required.

Seal registration



● Special permanent resident certificate

Procedures concerning a special permanent resident certificate are carried out at the Edogawa City Office or other branch offices. For the procedures, your special permanent resident certificate, passport, etc. are required.

For details, scan the two-dimensional barcode below and see the page displayed.

Special permanent resident certificate



Direct any inquiry about resident registration, the family register, seal registration, and special permanent resident certificate to one of the following:

Resident Registration Subsection,
Resident Section

☎03-5662-0591

Resident Registration Subsection,
Komatsugawa Branch Office

☎03-3683-5184

Resident Registration Subsection, Kasai
Branch Office

☎03-3688-0437

Resident Registration Subsection, Koiwa
Branch Office

☎03-3657-7837

Resident Registration Subsection, Tobu
Branch Office

☎03-3679-1125

Resident Registration Subsection,
Shishibone Branch Office

☎03-3678-6115

● Residence card

All procedures concerning the residence card are handled by the Immigration Services Agency of Japan with the exception of a change of address.

Inquiry

Immigration Information Center

☎0570-013904

Guidebook on Living and
Working



Foreign Resident
Support Center (FRESC)
consultation desk



● My Number Card

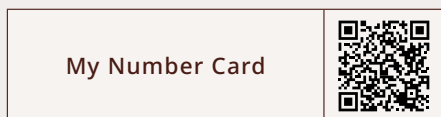
The My Number Card is a card with an individual number ("My Number") on it. It can be used to file electronic applications for national tax, tax payment systems, etc.

For details, scan the two-dimensional barcode below and see the page displayed.

Inquiry

Edogawa City's My Number Call Center

☎03-5662-9200



● Medical insurance and pension

1. Medical insurance (the national health insurance and the medical insurance system for the elderly aged 75 or over)

All registered residents must have medical insurance so that they can receive medical care without worry.

For details, scan the two-dimensional barcode below and see the page displayed.

Direct any inquiry about insurance premiums to the following:

National Health Insurance Eligibility Subsection, Health Insurance and Pension Section

☎03-5662-0560

Direct any inquiry about insurance proceeds to the following:

National Health Insurance Benefits Subsection, Health Insurance and Pension Section

☎03-5662-8053

Direct any inquiry about payment to the following:

Accounting Subsection, Health Insurance and Pension Section

☎03-5662-0795

Handbook of the National Health Insurance for Edogawa residents	
--	--

Direct any inquiry about the medical insurance system for the elderly aged 75 or over to the following:

Elderly Health Care Subsection, Health Insurance and Pension Section

☎03-5662-1415

2. National Pension System

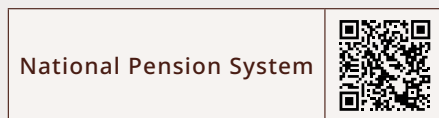
The National Pension System is a system to ensure that citizens can live a life without worry when they become old or in the event they have a disability due to illness or injury.

For details, scan the two-dimensional barcode below and see the page displayed.

Inquiry

National Pension Subsection, Health Insurance and Pension Section

☎03-5662-0574

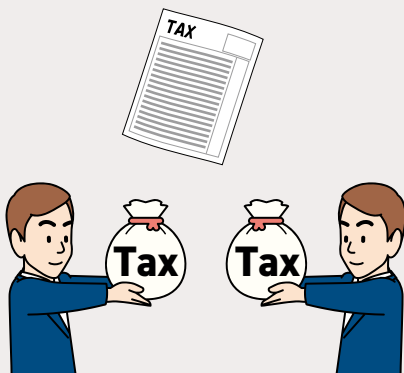


- **Taxes** [resident tax (paid by those who live in the City and have a certain income) and light automobile tax (paid by those who own a light automobile)]

Both foreigners and Japanese must pay the various taxes.

For details, scan the two-dimensional barcode below and see the page displayed.

Tokyo Intercultural
Portal Site



Direct any inquiry about the amount of resident tax to the following:

Taxation Section ☎03-5662-1008

Direct any inquiry about the light automobile tax to the following:

Taxation Section ☎03-5662-1007

Direct any inquiry about the payment of resident tax to the following:

Tax Payment Section ☎03-5662-1013

Taxes listed above



Direct any inquiry about final tax return to the following:

Edogawa North Tax Office

☎03-3683-4281

Edogawa South Tax Office

☎03-5658-9311

Final tax return



Information on Daily Life

Electricity

TEPCO Customer Center
☎0120-995-001



Gas

Tokyo Gas Customer Center
☎03-3344-9100



Water supply

Customer Center of the Bureau of
Waterworks, Tokyo Metropolitan
Government
☎03-5326-1101



Postal mail

Japan Post Customer Service Center
☎0120-23-28-86 (From a landline phone)
☎0570-046-666 (From a mobile phone)
☎0570-046-111 (English)



Mailbox

When you want to send
postal mail, put a stamp
on it and drop it into a red
mailbox.

Opening a bank account

Requirements for opening a bank
account

1. Passport
2. Residence card
3. Seal (Signatures are acceptable in
place of seals.)

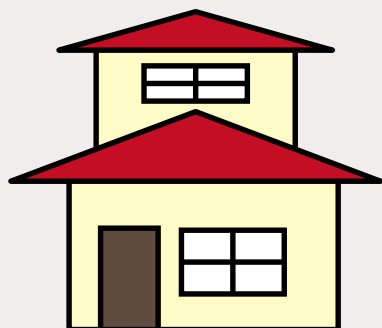
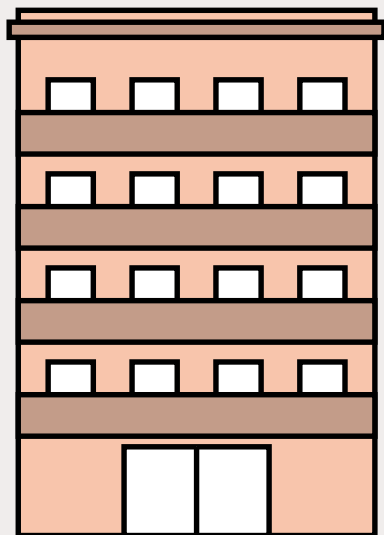
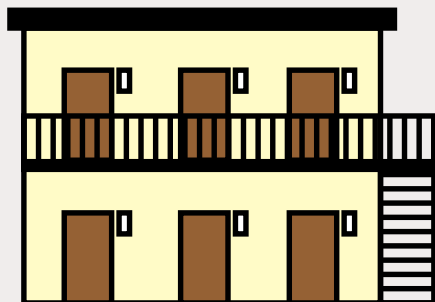
*Necessary items and screening
criteria vary among financial
institutions.

What is an inkan (or hanko)?

It is a seal. Outside Japan,
signatures are often affixed
when concluding contracts. In
Japan, however, seal impressions
are used in place of signatures.
There are various types of seals,
and they are sold at physical and
internet stores.



Types of housing



● Private housing

A house/apartment leased out by an owner (landlord)

● Public housing

A house/apartment leased out by the Tokyo metropolitan government or the City

- You can rent it at a lower rental rate, even when you do not have much money.
- There are various rules you must follow while renting it.

Metropolitan/city-owned housing



● UR rental housing

This is housing rented by the Urban Renaissance Agency (UR). Foreigners can also rent housing while observing various rules.

For details, you will be able to have a consultation with the Urban Renaissance Agency.

● Owned house/apartment

A house/apartment you bought

From finding a house/ apartment to moving in

1. Determine the conditions.

Areas you want to live in, size, rent, etc.

2. Collect information.

Search for information via the internet or read the information magazines for foreigners.

3. Visit a real estate agency.

See the actual rooms, decide which property you will rent, and make an application for the rental.

4. Steps related to the conclusion of a contract

Screening ⇒ Concluding a contract
⇒ moving in

5. When moving in

Receiving keys, moving, applying for electricity, water supply, and gas, change of address, and other procedures

* The Apartment Search Guidebook provides basic knowledge and useful information for searching for an apartment and living in Japan, including how to search for an apartment, the contractual process, and precautions after moving in. Check for details from the 2D code on the right.

●Apartment Search Guidebook

(Source: Website of Ministry of Land, Infrastructure, Transport and Tourism)

Japanese	
English	
Chinese	
Korean	
Spanish	
Portuguese	
Vietnamese	
Nepali	
Thai	

Indonesian	
Myanmar	
Khmer	
Tagalog	
Mongolian	

- The Guide to Looking for a Home provides useful information for renting a home. It also lists the websites of real estate agencies that provide multilingual services.

Guide to Looking for a Home (Source: Website of Ministry of Land, Infrastructure, Transport and Tourism)	
--	--

- On this site, you can search for houses/apartments that foreigners can rent.

Safety-net Housing (Source: Website of Ministry of Land, Infrastructure, Transport and Tourism)	
---	--



Words that you frequently see or hear when searching for a home

● Fudosan-ya (real estate agencies)

Are businesses that introduce various homes to people who want to rent or buy a home. Visit and consult them when you look for a home.

● Ohya (landlord)

Is a person who rents out a home. If you have any problems, consult them. They are called "Ohya-san."

● Yachin/Chin-ryo (rent)

Money you pay each month for the house/apartment you rent

● Rentai-hoshonin (co-signer)

A person who is obliged to pay rent when the renter is unable to pay the rent

● Shiki-kin/Hosho-kin (deposit)

Is the money you pay for renting a home, at an amount equivalent to the rent for one or two months. It is used when the renter is unable to pay the rent or when the landlord fixes a damaged or dirty part of the room/apartment/house after the renter has moved out. The money the landlord did not use will be given back to you after you have moved out.

● Rei-kin (key money)

Is the thank-you money paid by a tenant when renting is determined. at an amount equivalent to the rent for one or two months.

● Chukai-tesuryo (commission to a real-estate agency)

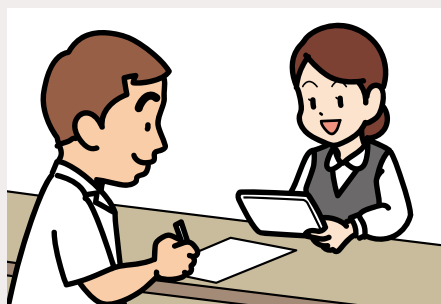
Money you pay to the real-estate agency that presented the house/apartment to you when you have decided to rent the property

● Kanri-hi/Kyoeki-hi (common area charge)

Is the money paid for facilities used by all tenants in an apartment building or mansion. This money is collected from tenants to be used for electricity and cleaning bills in places used by all tenants, such as stairs and hallways.

● Koshin-ryo (renewal charge)

Money you pay in addition to the rent if you continue to live in the same house/apartment after completing the term of your lease.



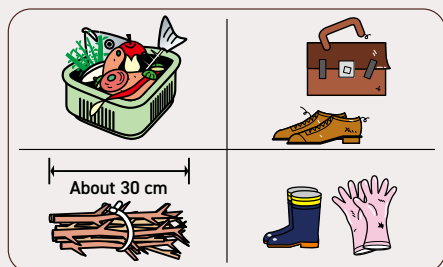
How to separate and dispose of waste

Household waste shall be separated into combustible waste, noncombustible waste, and resources.

Waste collection days are determined by area. Waste should be put out by 8 a.m. on the designated day of the week. For more information, see The Basic Rules for Sorting and Disposal of Garbage brochure.

● Combustible waste

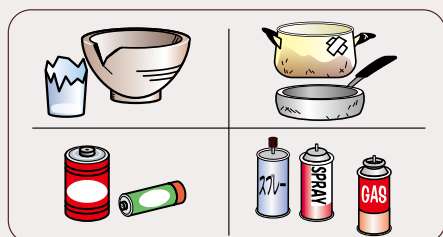
[Put out in a garbage container or transparent/translucent bag]



Food waste, waste paper, disposable diapers (remove dirt), clothing, edible oil (blot it with paper or cloth, or make it solid), tree branches, flowers (cut them into about 30 cm and bundle them together), dirty plastic waste with recycling symbols, plastic waste with silver-colored parts or without recycling symbols, and rubber/leather products

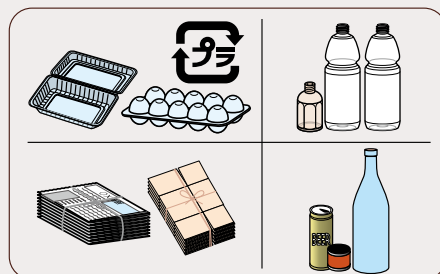
● Noncombustible waste

[Put out in a garbage container or transparent/translucent bag]



Metal products the plastic parts of which cannot be removed, small home appliances less than 30 cm in length, china and porcelain, glass, knives, metals, dry batteries, spray cans, lighters (empty the lighter by burning off the fuel and separate it from other waste when taking it out), and light bulbs and fluorescent lamps (put them in paper cases)

● Resources



♻️ • Recyclable plastic containers and packaging

[Put out in a garbage container or transparent/translucent bag]

(Containers and packaging with recycling symbols and without stains or silver-colored parts are treated as resources.)

Plastic cups, caps, bottles, trays, packing containers, protective materials, shopping bags, outer bags, labels, etc.



♻️ • PET bottles

[Put them in a PET bottle net (green) to take them out.]

(PET beverage bottles with PET recycling symbols)

Bottles for juice, tea, isotonic drinks, alcohol, soy sauce, mentsuyu (noodle soup base), mirin (sweet sake), etc.

• Bottles

[Put them in a yellow container and take them out.]

(Glass bottles for beverage and food)

Bottles for such beverages as juice, alcohol, and wine, and bottles and jars for food, such as jams and seasonings

• Cans

[Put them in a blue container and take them out.]

(Aluminum and steel cans for beverages and food)

Beverage cans for juice, beer, etc. and food cans for canned food, tea leaves, seaweed, cookies, etc.

• Used paper

[Bundle by type of paper]

(Newspaper (and inserts), magazines, miscellaneous paper, cardboard, and paper beverage cartons (white inside))

Inquiry

Koiwa Sanitation Office ☎03-3673-2551
(in the jurisdiction of Koiwa, Tobu, and Shishibone Branch Offices)

Kasai Sanitation Office ☎03-3687-3896
(in the jurisdiction of the Kasai Branch Office)
Komatsugawa Sanitation Branch

☎03-3684-6060

(in the jurisdiction of the Resident Section, Komatsugawa Branch Office)
General Affairs Subsection, Waste Management Section ☎03-5662-4387
Waste Management Service Subsection, Waste Management Section

☎03-5662-8434

Resource Recycling Promotion Subsection, Waste Management Section

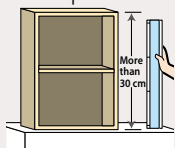
☎03-5662-1689

Waste and recycling



● Disposal of bulky waste

Bulky waste is household waste that is more than 30 cm in length. Disposal of bulky waste incurs a fee, and an application is necessary. Make an application via telephone or the internet.



Oversized Garbage Reception Center

☎03-6744-5700

Service hours: Monday to Saturday

From 08:00 to 19:00

(closed during the year-end and New Year holidays)

24 hours via the website

(Closed during the year-end and New Year holidays)

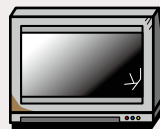
Oversized Garbage Reception Center



● Disposal of home appliances

Paying recycling fees is required by law when disposing of air conditioners, televisions, washing machines, and refrigerators.

Make an application via telephone or the internet.



Home Appliance Recycling Reception Center

☎0570-087200

Service hours: Monday to Friday

from 9:00 to 17:00

(excluding public holidays and year-end and New Year holidays)

Home Appliance Recycling Reception Center



COLUMN on Daily Life

Manners in Daily Life

● Things to note when you are looking for a house/apartment to live in

1. You may not allow others to live in the house/apartment you are renting without permission.
2. It is very likely that you will not be allowed to have pets in an apartment. Make a check at the time of the contract.

*If there is something you do not know, do not hesitate to ask your real estate agency about it.

● Things to note for daily life

1. Japanese people value relationships with their neighbors. Make a point of greeting your neighbors.

2. Walls in Japanese buildings are thin. Do not make loud noises in an apartment (loud voices, sound from the television, music, etc.). Do not make noise outdoors, either, because it will be a nuisance to your neighbors.
3. Do not leave things outside your apartment (in a common area).
4. Take off your shoes at the entrance of a Japanese house/apartment.
5. Keep your room neat and clean.
 - Do not pour food or oil into a kitchen drain.
 - Do not peel the wallpaper, put nails in the walls, or apply paint, or you will have to pay a substantial amount of money for restoration.



COLUMN on Daily Life

Join a neighborhood community association.

A local community in Japan has a neighborhood community association. It does various activities to make the community safe and convenient.

*You are required to pay membership fees.

What is good about joining such an association?

- You can **help each other** in the event of a disaster.
- You can **prevent crimes in the community** by getting to know one another.
- You can **make the community litter-free and clean**.

- You can participate in **events that you and neighbors can enjoy together**.
- You can get various kinds of **information concerning daily life in the community as soon as possible**.

Join a neighborhood community association and cooperate with one another as members of the same community.

Join a neighborhood
community association.



COLUMN on Japanese Culture

Customs differ from country to country.

Greetings in Japan

Morning "Ohayo gozaimasu"

Afternoon "Konnichiwa"

Night "Konbanwa"

- They do not hug or kiss.
- Shake hands only when you are asked to do so.
- In the workplace, touching colleagues' bodies must be avoided.

[Variation of bowing]



Casual greeting

Tilt your upper body forward around 15 degrees. Slight bow Often used when passing by someone in a corridor



Greeting

Tilt your upper body forward around 30 degrees. This is the type of bowing that is the most frequently used at all times.



Greeting with deepest respect

Tilt your upper body forward around 45 degrees. The politest bow Used to express deep gratitude or apology

Be on time and keep your promises.

Japanese people are punctual. A typical example is trains coming on time. They believe that punctuality is an expression of courtesy and should be observed without exception. Being late for school or work leads to the loss of credibility. If it is unavoidable that you will be late, tell others that you will be late.

Relationships with others

In Japan, older and more experienced people are often considered those who have contributed to society longer and are valued more than younger and less experienced people. Also, at school, use polite language for senior students. People also tend to keep some distance and become modest with people they meet for the first time. It takes time for them to develop a relationship from "acquaintance" to "friend" and then to one where they can say what they think and be straightforward with the other. Japanese people value harmony and cooperation and try to avoid quarrels where possible.

There is a Japanese proverb that says, "Courtesy is important even between intimate friends."



Be careful about ambiguous expressions

Japanese people tend to avoid unequivocal expressions but infer the intentions of each other from facial expressions and context. Phrases like "Iidesu," "Kekkodesu," and "Daijobudesu" can have opposite meanings and may be confusing even for Japanese. Japanese people also tend to avoid a conflict of opinion by using circumlocution instead of straightforward assertion. If you do not understand, check the meaning on the spot.

In Japan, softly suggesting "it may be better to..." is preferred to a straightforward assertion.



Japanese Baths

In Japan, there are public baths called “sento” or “onsen.” Edogawa City has many sentos. (See page 15 for information on a sento.)

How to use the sento

- Take off your shoes at the entrance, put them in a shoe locker, and lock it.
- Pay the admission fee at the reception desk (watcher’s seat or front desk).
- Take off your clothes in the changing room and put them in an empty locker.

● Information on public baths in Edogawa City

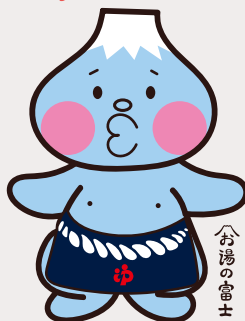
Yurari Edogawa
(Edogawa City Bathhouse
Association website)



Manners when taking a bath

- Wash your body before you enter the bathtub.
⇒ This is to keep the hot water in the bathtub clean because it is used by all.
- Avoid splashing shower water or soap lather on the persons around you.
- Rinse the wash bowl and chair you used with clean hot water.
- Do not put your towel in the bathtub.
- Long hair should be put up.
- Wipe your body thoroughly before returning to the changing room.
- Do not use a washbasin or hair dryer for a long time when the changing room is congested.

Follow the rules of the public bath and make it a comfortable place for everyone.



Character for
the promotion
of public baths
in Edogawa
Oyunofuji



Oyunofuji

ENJOY SENTO IN JAPAN!

**Take off your shoes
and put them in a shoe
locker.**



STEP
1

Pay the bathing fee.



STEP
2

**Find a vacant locker
and get completely
undressed.
Be careful not to lose the
locker key.**



STEP
3

**Bring a towel to the
bathing area to wash
your body and head.**



STEP
4

**Get the wash bowls
and the chair ready and
wash your body.**



STEP
5

**Soak in the bath!
Look at the painting on
the walls and relax!**



STEP
6



Towels for sale

Towels are sold in a bathhouse.
Ask for one at the reception
desk.

Body soap / Shampoo

Body soap and shampoo bottles are
provided in the bathhouses in the City to
be freely used. * Excluding some exceptions

Information on bathing fees

Adults	Elementary school children	Preschoolers
550 yen	200 yen	100 yen



Edogawa Branch, Japan National Sento Association <https://www.oyunofuji1010.com>



Japanese Table Manners

Hold a bowl with your hand

In Japan, you should hold the bowl of rice or miso soup with your hand. It demonstrates poor manners to eat by bringing your mouth close to the food without holding the bowl (called “inugui (dog eating)”). You do not hold a large dish of Japanese food or a dish of non-Japanese food.

Manners when using chopsticks

Examples of bad manners

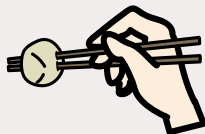
● Nigiri-bashi

Gripping two chopsticks together with one hand



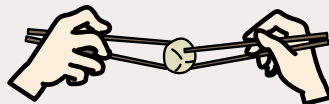
● Tsuki-bashi or Sashi-bashi

Stabbing a piece of food with the chopsticks



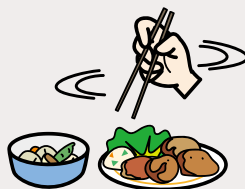
● Awase-bashi or Hashi-watashi

Passing a piece of food from chopsticks to chopsticks



● Mayoi-bashi

Hovering chopsticks over several plates without being able to decide which dish to eat.



● Yose-bashi

Pulling a plate or bowl towards you with chopsticks



How to eat noodles

Japanese noodles, such as soba, udon, and ramen, can be slurped noisily but spaghetti cannot.



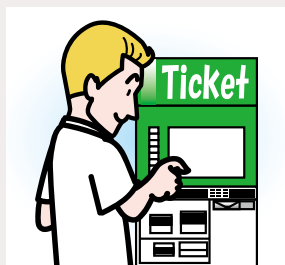
Transportation System

Train

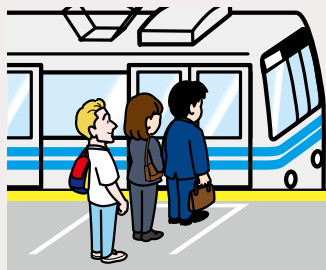
Public transportation in Tokyo is punctual and convenient for travel anywhere. Commuter passes and reasonable one-day passes are also available for trains and buses.

● How to ride

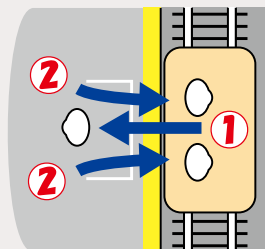
- Buy a ticket to your destination. (If you have a public transport smart card, go straight to the ticket gate.)



- Stand in line when waiting for a train on the station platform.



- Always wait for other passengers to get off before you get on the train.



- Manners must be observed in the car.

● Manners in the car

- Put smart and mobile phones on silent mode and do not talk using them.



- Do not talk loudly.



- Do not eat in a car.



● Priority seats



Train cars and buses have priority seats. Priority is given to the elderly, those who are injured or ill, those with babies, and expectant mothers. Turn off your mobile phones when you are near priority seats during times of congestion.

- Maternity mark



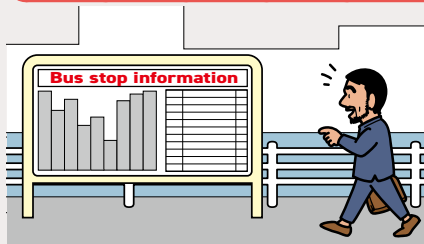
A mark worn by pregnant women to encourage consideration of others

● Women-only car



Women-only cars were introduced to prevent nuisances to women and to ensure safety for women in cars. This car is also available for elementary schoolchildren or younger, and people with physical disabilities and those assisting them.

Bus

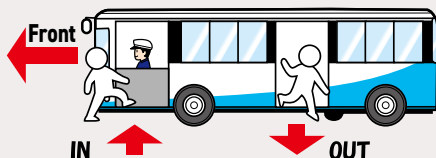


● How to ride

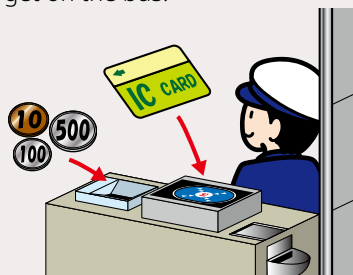
- Wait in line at the bus stop for your destination.



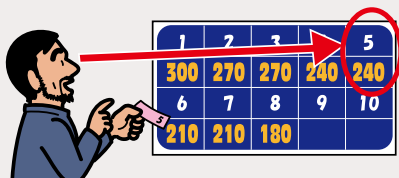
- The destination is displayed on the upper front part of the bus. Get on a bus through the front door and exit through the rear door in the 23 Cities of Tokyo.



- Pay the fare in advance when you get on the bus.



- Fixed fares may be collected when you get on, or incremental fares may be charged according to the distance to your destination. (A public transport smart card will be helpful.)



- Press the "Get off" button when you are approaching the bus stop of your destination.



Taxi

● How to ride

- Go to a taxi station at a train station or hotel.



- When a taxi arrives, take the back seat. The door automatically opens, so you do not have to open it.
- Large luggage can be placed in the trunk. Ask the driver when you bring large luggage.
- When you get in, fasten your seat belt.



- Tell the driver where you want to go. (Only a few drivers speak foreign languages. If you are not fluent in Japanese, prepare something with your destination written on it and hand it to the driver.)



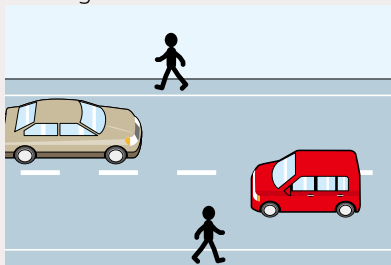
- When you arrive at the destination, pay the taxi fare to the driver.



- ★ From 22:00 to 5:00, taxis charge additional 20% for late night rates.
- ★ No tipping is required.

On foot

- Walk along the sidewalk.
- Where there is no sidewalk, walk on the right side of the road.

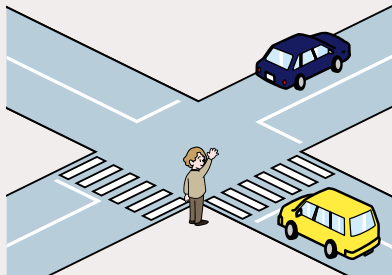


- If you want to cross the street, cross where there is a traffic light or use the crosswalk.
- Do not cross where there is a “no pedestrian crossing” sign.

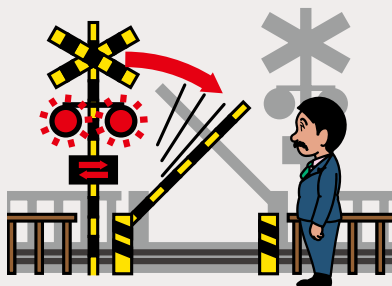


< No pedestrian crossing sign >

- At the crosswalk, alert the drivers of cars or motorcycles that you are crossing by raising your hand or making eye contact with the driver. Then, make sure that the overall road conditions are safe before crossing.

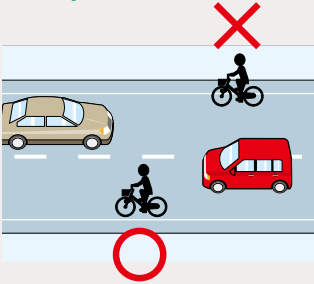


- Even while you are crossing, check carefully if a car or motorcycle is approaching.
- Do not cross a railroad crossing when the alarm is sounding or the railroad crossing gate arm begins to descend.

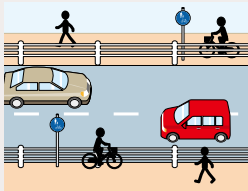


Bicycle

- Bicycles are in the same category as cars by law.



- As shown in the picture above, ride on the left side of the roadway.



↑ Wherever you see this sign, you may ride a bicycle on the sidewalks.

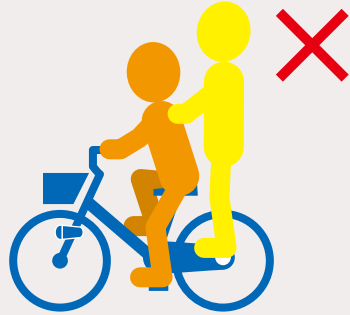
- Ride slowly so that you can stop quickly.
- If you are going to cause a disturbance to pedestrians, get off your bicycle or stop riding.

[You can ride on the sidewalks in the following cases]

- If you are under 13 years old, 70 years old and over or with physical disabilities.
- If it is difficult to ride a bicycle safely on the roadway.

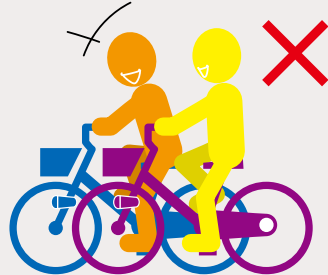
Rules for riding bicycles

- It is prohibited for two persons to ride on one bicycle.

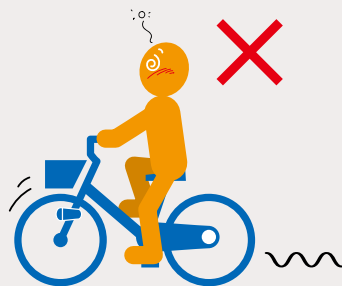


* When carrying a child/children, use a bicycle specially designed to carry up to two children.

- Do not ride alongside other bicycles.



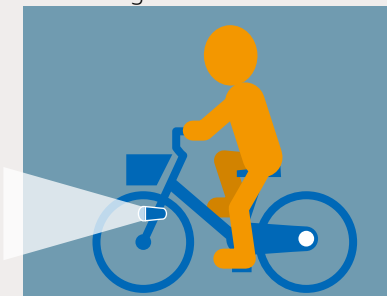
- Do not ride a bicycle after drinking.



- Riding a bicycle gripping the handle with one hand only is dangerous. Do not hold an umbrella or use a smart/mobile phone while riding a bicycle.



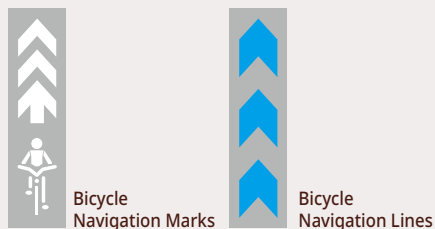
- At night and when it is dark, turn the headlight on.



- All riders must endeavor to wear helmets when riding bicycles.



Shapes of Bicycle Navigation Marks and Line



What Bicycle Navigation Marks and Lines mean

These clearly show the part of the road that bicycles should use and the direction in which they should travel. Bicycles must travel in the direction of the arrow. (Going in the reverse direction is prohibited.) Bicycle Navigation Marks and Lines are designed to inform bicycle riders of the instructions on traffic specified in the Road Traffic Act in an easy-to-understand way and to increase their effectiveness.

They are not traffic signs that indicate new traffic methods or penalties.

Edogawa Bicycle Rental (e-Cycle)

Rental bicycles are available at 11 bicycle parking lots in front of railway stations in Edogawa City. The rental fee is 210 yen per day for a standard bicycle and 340 yen per day for a power-assisted bicycle. Bicycles can be rented and returned at any bicycle parking lots in front of railway stations. You need to make a bicycle-rental registration card. Bring your ID, such as residence card or driver's license, when you rent it for the first time.

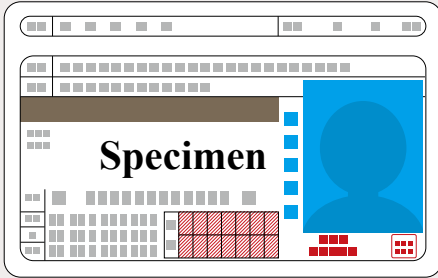
Leaflet of Edogawa
Bicycle Rental (e-Cycle)
User Guide



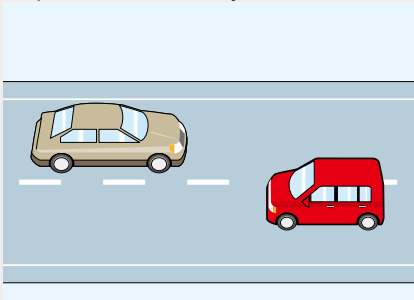
Car

● When you drive a car

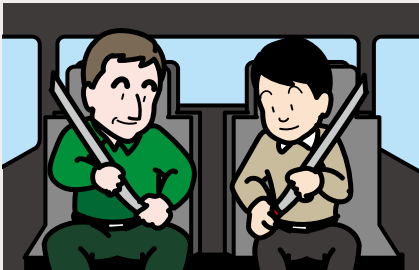
- the driver's license is required.



- Do not drive a car if you do not have your driver's license with you (if you left it at home, for example).
- Drive on the left side of a road. Drive slowly when you pass pedestrians or bicycles.



- All drivers and passengers must wear seat belts.



- Do not use a smart/mobile phone while driving a car or motorbike.



● If you drunk alcohol



- Do not drive a car.
- Do not lend a car or motorbike to a person who drank alcohol or ask such a person to drive.
- Do not encourage a person who is going to drive to drink alcohol.



Medical Care

Major departments in hospital

Internal medicine	Treats diseases inside the body (e.g., colds).
Surgery	Treats injuries and performs surgery.
Pediatrics	Treats diseases of babies and children.
Orthopedics	Treats bones, joints, muscles, etc.
Ophthalmology	Treats eye diseases.
Dentistry	Treats teeth.
Obstetrics and gynecology	Treats women's diseases and supports childbirth.

Consultations available when you get sick or injured

● **Edogawa City Medical Consultation Desk**

You can consult with the staff about clinics, dentists, and treatment facilities in the City.

☎03-3671-1116

Reception desk: Monday to Friday
(Closed during the
year-end and New Year
holidays)

Business hours: from 9:00 to 16:00

Means of communication: By
telephone

*If you want to come to the clinic,
make an appointment in advance.

● **Telephone Center concerning Medical Treatment on Holidays**

Emergency physicians in the City on
duty on holidays are introduced.

☎03-5667-7557

Reception desk: Sundays and
public holidays
December 29 to
January 4

Service hours: from 9:00 to 17:00

● **Nighttime and Holiday Emergency Clinic of the Edogawa Medical Association**

Emergency medical treatment by
the internal medicine and pediatrics
departments at night and on
holidays is provided.

Address: 1st floor, Regional Medical
Support Center of Edogawa
Medical Association 5-1-6,
Nishimizue, Edogawa-ku

☎03-5667-7775

Treatment at night:

from 21:00 to 6:00 the next day
(open seven days a week)

Treatment on holidays:

from 9:00 to 17:00

(Sundays, public holidays, and

December 29 to January 4)

● **Holiday Emergency Clinic of the Edogawa Dental Association**

Emergency dental treatment on
holidays is provided.

Address: Edogawa Dental Association
Office, 4-8-6 Higashi-Koiwa,
Edogawa-ku

☎03-3672-8215

Business hours from 9:00 to 17:00

*A prior appointment is required.

● **Tokyo Metropolitan Health and Medical Information Service**

The service line provides information
on medical institutions providing
multilingual service and Japanese
healthcare systems.

☎03-5285-8181

Service hours: from 9:00 to 20:00
(open seven days a week)

English, Chinese, Korean, Thai, and
Spanish are spoken.

On the website, you will find
information on the locations and
medical services provided by
hospitals in Tokyo.

The contents can be translated into
English, Chinese, and Korean. For
details, scan the two-dimensional
barcode below and see the page
displayed.

**Tokyo Metropolitan
Health and Medical
Information Service**



● AMDA International Medical Information Center

Medical consultation is provided over the telephone.

☎03-6233-9266

Reception desk: Monday to Friday

Business hours: from 10:00 to 16:00

(Closed during the year-end and New Year holidays)

AMDA International
Medical Information
Center



How to see a doctor at a hospital

Go to a hospital or clinic.

< What you must bring with you >

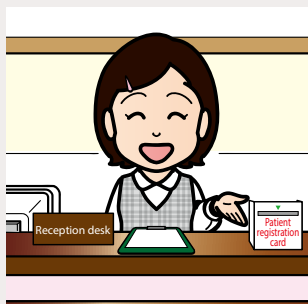
- My Number Card as Insurance Card, Health Insurance Card, Notice of Eligibility Information, etc.
- Referral form (only if necessary)

Present your My Number Card as Insurance Card, Health Insurance Card, Notice of Eligibility Information, etc. at the reception desk.

Explain your symptoms briefly.

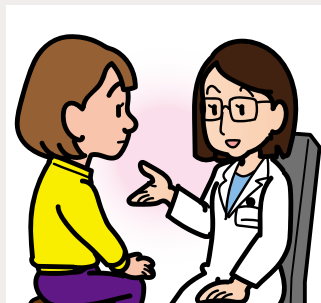
"I have abdominal pain,"

"I have a fever," etc.



Wait in the waiting room until your name is called.

When your name is called, enter the doctor's office and explain your symptoms in detail.



After the consultation with the doctor, wait in the waiting room.
When your name is called by the receptionist, go to the desk and pay the medical fee.
Receive your prescription.

Go to a dispensary pharmacy, show your prescription, receive the prescribed medicine, and pay for it.

Explaining symptoms

● (For your reference) Japanese words often used in hospitals

Japanese	Pronunciation	Meaning
頭痛	Zutsu	Headache
のどがいたい	Nodo ga itai	Sore throat
咳が出る	Seki ga deru	Cannot stop coughing
めまい	Memai	Feeling dizzy
動悸	Doki	Have heart palpitations
しびれ	Shibire	Insensible in hands and feet
鼻水が出る	Hanamizu ga deru	Have a runny nose
鼻づまり	Hanazumari	Have a stuffy nose
胸焼け	Muneyake	Have heartburn
食欲不振	Shokuyoku fushin	Loss of appetite
吐き気がする	Hakike ga suru	Feeling like throwing up
腹痛	Fukutsu	I have abdominal pain.
便秘	Benpi	No stool for more than 3 days (constipation)
下痢	Geri	I have abdominal pain / loose stool.
血尿	Ketsunyo	Blood in urine
血便	Ketsuben	Blood in stool
かゆい	Kayui	Feeling itchy
目がいたい	Me ga itai	My eyes hurt.
むくみ	Mukumi	Swelling in face, hands, foot, etc.

Japanese	Pronunciation	Meaning
発疹	Hosshin	Have a rash (itch and red spots in skin)
発熱	Hatsunetsu	Have a fever (higher body temperature)
全身倦怠	Zenshin Kentai	General malaise (feeling of fatigue)
不眠	Fumin	Unable to sleep
息苦しい	Iki guruhii	Hard to breathe

Types of medicines

Japanese	Pronunciation	Meaning
錠剤	Jozai	Tablet (compressed for ease of swallowing)
解熱剤	Genetsuzai	Medicine to decrease high body temperature
鎮痛剤	Chintsuzai	Pain relief medicine
坐薬	Zayaku	Medicine to be inserted into the anus
消毒薬	Shodokuyaku	Disinfectant
うがい薬	Ugaigusuri	Gargle
軟膏	Nanko	Ointment
点眼薬	Tenganyaku	Eye drops
内服薬	Naifukuyaku	Oral medicine
かゆみ止め	Kayumidome	Anti-itch medicine
咳止め	Sekidome	Cough medicine
下痢止め	Geridome	For relieving stomachache

Various Consultations and Procedures

Procedures related to children

1. Pregnancy and childbirth



- About pregnancy notification and maternal (parent) and child health handbook
- When a baby is born
- About medical checkups and vaccinations for children

Inquiry

Public Health Support
Center



2. Allowance and medical care subsidies

- Want to be subsidized for children's medical expenses.
- Want to receive child allowance and infant care allowance.
- Want to receive child rearing allowance and subsidies for medical expenses for single-parent families.
- For details, scan the two-dimensional barcode below and see the page displayed.

Child allowances,
subsidies for child medical
expenses, and support
for single parents



Consultation on nurseries/ schools

1. Nursery

- I want to send my child to a nursery.
- I want to leave my child temporarily in a nursery.

Inquiry

Childcare Subsection, Nursery
Welfare Section ☎03-5662-0066

2. Kindergarten

- I want to send my child to a municipal kindergarten.

Inquiry

School Affairs Subsection, School Affairs Section ☎03-5662-1624

- I want to send my child to a private kindergarten.

Inquiry

Promotion Subsection, Child-Raising Assistance Section

☎03-5662-1001

3. Non-registered day-care facility

- If you wish to send your child to a non-registered day-care facility, please apply with the facility.
- If a parent and a non-registered day-care facility satisfy certain conditions, a subsidy for day-care fees is available.

Submit any inquiries about subsidies for day-care fees to the following:

Facility Use Benefits Subsection, Child-Raising Assistance Section

☎03-5662-1012

4. Municipal school

- I want to enroll my child in an elementary/junior high school.
- I want to send my child to a Japanese language class.
(Four elementary schools and two junior high schools)

Inquiry

School Affairs Subsection, School Affairs Section ☎03-5662-1624

**Entering nursery/
kindergarten and schools**



Consultation on child rearing

Feel free to contact us if you have any anxiety about child rearing, such as children's health, growth, and development.

**Public Health Support
Center**



**Edogawa City Child
Guidance Office:
Heart Port**



**Education Counseling
Room**



**Child Development
Consultation
& Support Center**



Medical checkups and examination

In Edogawa City, all residents from children to the elderly can have various medical examinations.

For details, scan the two-dimensional barcode and see the page displayed.

- Health checkup for residents aged not older than 39 years
- National health insurance checkup for residents aged 40 years or older and not older than 74 years
- Longevity checkup for residents aged 75 years or older
- Oral care checkup for residents aged 65 years or older
- Cancer screening, adult dental checkup, osteoporosis screening, etc.

Inquiry

Medical Checkup Subsection, Health Promotion Section

☎03-5662-0623

- Health checkup for infants

Inquiry

Maternal and Child Health
Subsection, Health Service Section
☎03-5661-2466

- Hepatitis virus tests

Inquiry

Edogawa Public Health Center
Infectious Disease Control
Subsection, Health Control Section
☎03-5661-2476

Health



Nursing Care Insurance

Nursing Care Insurance is a system that supports the nursing care of the elderly to assist them to live independently for as long as possible.

For details, scan the two-dimensional barcode below and see the page displayed.

Inquiry

Consultation Subsection, Long-Term
Care Insurance Section
☎03-5662-0061

Nursing Care Insurance



Various supports

1. Welfare for the elderly

You can consult with the staff concerning all kinds matters regarding caregiving and dementia to obtain support.

For details, scan the two-dimensional barcode below and see the page displayed.

Various social welfare services



2. Welfare for persons with disabilities

Persons with disabilities and their family members can consult with the staff concerning all kinds matters regarding disabilities. The staff also provides information on the application for a disability certificate or the use of welfare services for the disabled.

For details, contact us.

- Application for a disability certificate

Inquiry

Certificate Subsection, Physically and
Mentally Challenged Persons Welfare
Section
☎03-5662-1288

- Consultation on welfare services for persons with disabilities

Inquiry

Disability Counseling Subsection 1,
Physically and Mentally Challenged
Persons Welfare Section
☎03-5662-0052
Disability Counseling Subsection 2,
Physically and Mentally Challenged
Persons Welfare Section
☎03-5662-0053

Welfare for persons with disabilities





Facilities in Edogawa City

Libraries

Facility name	Address
Central Library	3-1-3, Chuo
Koiwa Library	3-6-9, Higashi-Koiwa
Matsue Library	Inside Matsue Community Plaza Hall, 2-1-10, Matsue
Komatsugawa Library	1-11-26, Hirai
Shinozaki Library	Inside Shinozaki Cultural Plaza, 7-20-19, Shinozaki-machi
Kasai Library	6-24-1, Edogawa
Nishi-Kasai Library	5-10-47, Nishi-Kasai
Higashi-Kasai Library	Inside Higashi-Kasai Community Hall, 8-22-1, Higashi-Kasai
Tobu Library	2-26-1, Edogawa
Shinozaki Child Library	Inside Kodomo-Mirai Hall for the young, 3-12-10, Shinozaki- machi
Shishibone Community Library	Inside Shishibone Civic Hall, 1-54-2, Shishibone
Seishin-cho Community Library	Inside Seishin-cho Community Hall, 1-2-2, Seishin-cho

● If you want to borrow a book

- Have a library card issued. It can be used at all municipal libraries.

< What you need to bring with you >

An ID certifying your name, address, and date of birth
(Residence Card, My Number Card as your Health Insurance Certificate, Card, Health Insurance Card, Qualification Confirmation Card, etc.)

Who can get a library card

- Those who live in Edogawa City,
 - A person who works for a company in Edogawa City
(Employee ID is required)
 - A person who goes to a school in Edogawa City
(Student ID is required) and others
-
- You can borrow 10 books or magazines, 3 CDs, and 2 DVDs respectively at the most.
 - You can borrow them for up to 2 weeks.
*This period can be extended by making a request to the library before the due date.
It can also be extended on the library's website.

● Returning books

- You can return the borrowed books to any library in Edogawa City.
- On days when the library is closed or it is outside business hours, you can return books by putting them into the Book Post (excluding CDs and DVDs).

Note!

If you write something on, tear, or soil a borrowed book, you may be asked to pay for the damage.
Handle it with care.

Edogawa City libraries



You can also borrow English picture books.



Children's literature bookshelves

Cultural facilities

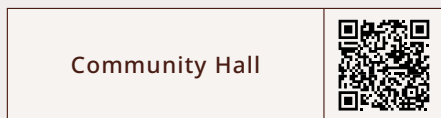
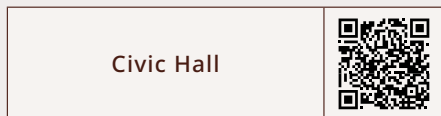
Facility name	Telephone number	Address
Tower Hall Funabori ★	03-5676-2211	4-1-1, Funabori
Sogo-Bunka Center Hall ★	03-3652-1111	4-14-1, Chuo
Green Palace Hall ★	03-3653-5151	1-38-1, Matsushima
Shinozaki-Bunka Plaza ★	03-3676-9071	7-20-19, Shinozaki-machi
Hirai-Enzo-Tei Memorial Museum	03-5626-3242	3-21-24, Hirai
Kiki's Museum of Literature	03-6661-3911	7-3-1, Minami-Kasai
Edogawa Culture & Sports Plaza ★	03-6231-5211	2-16-20, Matsushima

Other facilities

Facility name	Telephone number	Address
Kodomo-Mirai Hall for the young	03-5243-4011	3-12-10, Shinozaki-machi
Local History Exhibition Room	03-5662-7176	3rd Floor, Green Palace, 1-38-1 Matsushima, Edogawa-ku
Peace Memorial Exhibition Room	03-3683-7761	1st Floor, Komatsugawa Sakura Hall, 3-6-3 Komatsugawa
City-owned accommodation facilities	Hotel Seaside Edogawa	03-3804-1180 Kasai Rinkai Park, 6-2-2 Rinkai-cho
	Hotakaso Villa	03-5662-7051 (Reservation center) 2105-22 Hotaka Ariake, Azumino City, Nagano Prefecture
	Shiozawa-Edogawaso Villa	0120-007-095 (Reservation center) 2063-29, Aza Juniki, Maiko, Minamiuonuma City, Niigata Prefecture

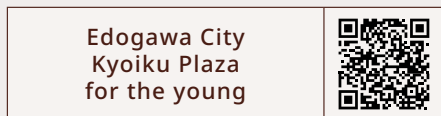
● Civic Hall and Community Hall

A place for everyday exchange that is equipped with a meeting room, a Japanese-style room, a sports room, etc.
Service hours: from 9:00 to 21:30
Closed: December 28 to January 4



● Kyoiku Plaza for the young

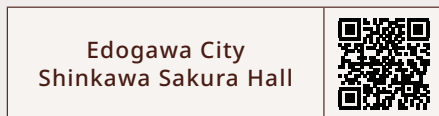
The facilities provide support for child rearing, activities of junior and senior high school students, and exchanges between different generations.
It also has a sports room, a music room, a study room, and a child-rearing area.



Child-rearing area

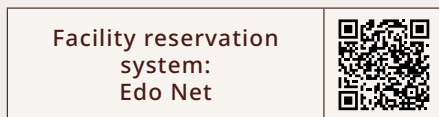
● Shinkawa Sakura Hall

This facility has meeting rooms and a hall. You can enjoy beautiful cherry blossoms here in spring. The facility also sponsors a variety of events.



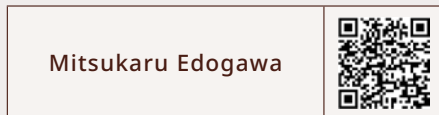
● Facility reservation system: Edo Net

- If you wish to make reservations for cultural and community facilities or sports facilities, you need to register as a user in advance.
- Once registered, you can make a reservation for facilities via the internet or mobile phone.
- The vacancy of a facility can be checked without registration.



● Cultural Concierges

At cultural facilities (indicated with a ★ mark in page 61) and libraries in the City, concierges provide guidance on cultural information in the City, including events, classes, and circle activities suitable for individuals. For details, scan the two-dimensional barcode below and see the page displayed.



Sports Facilities

Facility name	Telephone number	Address
Sogo Gymnasium ★	03-3653-7441	1-35-1, Matsumoto
Sports Land ★	03-3677-1711	1-8-1, Higashi Shinozaki
Sports Center ★	03-3675-3811	4-2-20, Nishi-Kasai
Track and Field Stadium ★	03-3878-3388	2-1-1, Seishincho
Edogawa City Baseball Stadium ★	03-3878-3741	7-2-1, Nishi-Kasai
Rinkai Ball Game Field ★	03-3680-9251	1-1-2, Rinkai-cho
Waterfront Sports Garden ★	03-5636-6550	Around 2-3, Higashi-Shinozaki
Shinsakongawa Shinsui Park Canoe Area	03-5605-1137	Around 2-chome Rinkai-cho
Koiwa Tennis Court	03-3673-0202	6-43-1, Kita-Koiwa
Yagochi Tennis Court	03-3677-9569	2-9-19, Yagochi
Matsue Tennis Court	03-3656-7702	5-5-1, Matsue
Nishi-Kasai Tennis Court	03-6808-4158	8-17-1, Nishi-Kasai
Kasai Rugby Sports Park	03-5605-0970	Around 3-chome Rinkai-cho
Edogawa Sports Ground	03-5662-1636	Riverbed of Edogawa
Arakawa Sports Ground	03-5662-1636	Riverside of Arakawa
Heated swimming pool in Komatsugawa Sakura Hall	03-3683-7761	3-6-3, Komatsugawa
Heated swimming pool in Koiwa Urban Plaza Hall	03-5694-8151	1-17-1, Kita-Koiwa
Kenko-no-Michi Walk/Cycling Road	03-5662-1885	

● Sports Concierges

At seven sports facilities (indicated with a ★ mark) in the City, concierges provide consultation service on sports and exercise, so that anyone can enjoy sports regardless of age or disability. Feel free to consult a Sports Concierge for free advice available to anyone at any time!



Sports Concierges



Heated swimming pool (Sports Center)

● Promoting para-sports

In Edogawa City, you can enjoy all 22 sports conducted in Tokyo 2020 Paralympic Games.

Sports facilities, including the Sogo Gymnasium and the Sports Center, provide classes of continuous exercise for children and adults with disabilities. Feel free to participate!



Para-sports

Edo-spo!
(sports information)



Yagochi Tennis Court

Major parks and recreation facilities



● Central and Ichinoe Area

● Komatsugawa Sakaigawa Shinsui Park

From Chuo 4-chome and Honisshiki 1-chome to Nishi-Komatsugawa-machi

Equipped with athletic facilities. You can play in the water in summer.

● Ichinoe Sakaigawa Shinsui Park

Ichinoe 1-chome to Funabori 7-chome

The park is crowded with people playing in the water in summer.



● Ichinoe Makko-tei

5-13-16, Ichinoe

Garden plants and an old Japanese house are exhibited.



● Komatsugawa and Hirai Area

● Komatsugawa Promenade with 1,000 Cherry Trees

Komatsugawa 1-chome to 3-chome area

Enjoy beautiful cherry blossoms in spring.

● Municipal Ojima Komatsugawa Park

Komatsugawa 1-chome and Ojima 9-chome, Koto City

There are athletic facilities and a lot of open spaces.



● Kasai Area

● Sogo Recreation Park

Nishikasai 6-chome 11 to Minamikasai 7-chome 3

A large park that stretches 3 kilometers in length

● Nagisa Pony Land

7-3 Minami-Kasai

You can pet the ponies.





● Kasai Area

● Gyosen Park and Shizen Zoo

3-2-1, Kita-Kasai

There are a zoo, a fishing pond, and a Japanese garden.

● Furukawa Shinsui Park

6-chome Edogawa

This is the first water park (park for enjoying the water) in Japan.



● Shin-Nagashimagawa Shinsui Park

2-chome Seishin-cho

The park is crowded with people playing in the water in summer.

● Shinsakongawa Shinsui Park

Rinkaicho 1-chome to 3-chome

You can enjoy barbecue and canoeing.





● Kasai Area

● Municipal Ukita Park

3-4 Kita-Kasai

A park rich in nature. There is also an herb garden.

● Municipal Kasai Rinkai Park, Kasai Kaihin Park and Tokyo Sea Life Park

6-chome Rinkai-cho

This is the largest park in Edogawa City. It has a Ferris wheel and an aquarium.



● Koiwa Area

● Koiwa Park (Kowa-tei)

6-43-1, Kita-Koiwa

The park has athletic facilities, tennis courts, and a purely traditional Japanese-style house.

● Koiwa Iris Garden

Area around 4-37 Kita-Koiwa

Visitors can enjoy seeing 50,000 irises in May and June.





● Tobu Area

● Shinozaki Pony Land

Area around 3-12 Shinozaki-cho

Visitors can play with ponies.

● Tobu Traffic Park

2-28-1, Edogawa

A park where visitors can learn traffic rules



● Shishibone Area

● Municipal Shinozaki Park

1-25 Kami-Shinozaki

It also has a baseball field, tennis courts, and a dog run.

Major traditional crafts made in Edogawa City



● Edo Glass (cut glass)

Handmade glassware that inherits traditional techniques from the Edo period with a unique design and depth of handmade products

● Edo Furin (wind bell)

Glass wind bells that have been made since the Edo period. The secret of the unique beautiful sound is in the jagged mouth. All the beautiful pictures are drawn from the inside.



● Edo Sensu (folding fan)

The dynamic patterns and simple designs that eliminate waste are described as "iki (stylish)." It is also characteristic that only one craftsman handles the entire work process of a single fan.

● Kumiko Zaiku (woodwork)

Without using even a single nail, fine pieces of wood are intricately put together with a technique that is as precise as 1/1000th of a millimeter.



Antenna shop



Antenna shop Edomachi



Traditional crafts café Artisan

● A market where you can buy traditional crafts

- **Antenna shop Edomachi**

(1st Floor, Tower Hall Funabori, 4-1-1 Funabori)

- **Traditional crafts café Artisan**

(3rd Floor, Shinozaki Bunka Plaza, 7-20-19 Shinozaki-cho)

- **Edogawa Collection!**

(Online shopping site)

EDOGAWA
COLLECTION!



Leaflets and Materials for non-Japanese Speakers

- Information for foreign residents
(Available in 121 languages)

**Information
for foreign residents**



- Video “Garbage and recycling: Are you doing it right? How to separate and dispose of recyclables and garbage”
(English, Chinese, and Korean)

Waste and recycling



- Basic Rules for the disposal of resources and garbage
(English, Chinese, and Korean)

**How to dispose of
resources and garbage**



- Leaflet: Disaster Preparedness at Home brochure
(English and Chinese)

**Disaster prevention
at home**



- Edogawa City Flood Hazard Map
(English, Chinese, and easy Japanese)

**Edogawa City
Flood Hazard Map**



- Parenting support app Piyonavi Edogawa
(12 languages including English, Chinese, Korean, and Tagalog)

Piyonavi Edogawa



- Approximate progress of weaning:
When to start and end
(English and Chinese)

**Guideline for progress:
From start to completion
of weaning**



- Handbook of the National Health Insurance (NHI) plan
(English, Chinese, Korean, Thai, Portuguese, Spanish, and Vietnamese)

**Handbook of the National
Health Insurance
for Edogawa residents**



Information on Edogawa City

● **Official Edogawa City website**

The site provides a wide variety of information and the attractions of Edogawa City, including explanations of administrative procedures, downloadable application forms, and information on facilities with detailed maps and events held in the City. Available in 121 languages.

Edogawa City	
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● **Official LINE account**

You will receive the types of information you chose.

Official LINE account	
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● **Instagram**

The attractions of Edogawa City of today are showcased through photos.

Instagram	
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● **X**

Information on the City that needs to be communicated to residents is sent out.

X	
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● **Facebook**

Attractions and event information of the City are posted.

Facebook	
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● **Edogawa Mail News**

Information on disasters and crimes is sent out via email.

Edogawa Mail News	
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● **The more you know, the more you will become curious about Edogawa!**

Attractions of Edogawa City are introduced.

The City's promotional site	
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MEMO

Handwriting practice area with 20 horizontal dashed lines.

MEMO

Handwriting practice lines consisting of 20 horizontal dashed lines.

MEMO

Handwriting practice area with 20 horizontal dashed lines.