

Use your Individual Number Card as a health insurance card.

[Inquiry] National Health Insurance Qualification Section: Phone: 03-5662-0560

- ◆ If you have an Edogawa City health insurance card and eligibility has not changed, your current card is valid until the expiration date.
- ◆ If you have not registered to use your Individual Number Card as a health insurance card or if you do not have the card itself, the City will issue a Certificate of Eligibility. (No additional process is required for the issuance.)
- ◆ If you are a victim of domestic violence, abuse, etc., you are at risk of having your information viewed by the perpetrator at hospitals or on the Myna Portal. You are advised to notify the issuer of your health insurance card (health insurance association, municipality, etc.) to prevent your information from being viewed by others. If you make this notification, you will not be able to use your Individual Number Card as a health insurance card, and your information will be protected from being viewed on the Myna Portal. If these restrictions are no longer necessary, notify the issuer of your health insurance card of it.

How to pay your insurance premiums

[Inquiry] Cashier: Phone: 03-5662-0795

Payment by account transfer

To avoid forgetting to pay, please complete the procedure to start paying by account transfer.

For more information, see page 18 of the National Health Insurance Guide.

● Using the Cash Card

You can complete the procedure at the counter of the Insurance and Pension Section of the Residents Division or each office. You will be asked to insert your cash card into the dedicated terminal and to enter your passcode.

What is required for the procedure

Cash card from the financial institutions listed on the right, personal identification, and seal registered on the bankbook (required if the dedicated terminal does not accept your card).



Financial institutions that accept cash cards for this procedure:

- Mizuho Bank - MUFG Bank - Sumitomo Mitsui Banking Corporation - Resona Bank - The Chiba Bank - Kiraboshi Bank - The Higashi-Nippon Bank - Japan Post Bank - Asahi Shinkin Bank - The Tokyo Higashi Shinkin Bank - Kosan Shinkin Bank - Toei Shinkin Bank - The Komatsugawa Shinkin Bank

● By Account Transfer Request Form (postcard)

You can also complete the procedure using the enclosed Account Transfer Request Form (postcard).
*It will take one to two months from the time you post the form to the time the account transfer begins.

Account Transfer Promotional Campaign

A promotional campaign is now underway for those who apply for the account transfer for the first time. A flyer is enclosed for those eligible. Please check it out.

Citizens who pay by account transfer will receive, at the end of each year, a Notice of the Amount of National Health Insurance Premiums Paid.

Other payment methods

You can also pay with a payment slip at the counter of a financial institution or convenience store, or by barcode payment or credit card (from June 2025). For details visit the City's official website.

For detailed information on payment, scan the code and visit the City's website.



Reduction of insurance premiums for those who have left employment due to bankruptcy, dismissal, etc. (involuntarily unemployed persons)

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If you are covered by unemployment insurance and leave your employment due to bankruptcy, dismissal, termination of temporary employment, etc. (involuntarily unemployed), you may be eligible for a reduction in the amount of premiums you pay. The eligible person's premiums are calculated after reducing the previous year's salary income to 30%. (An application is required to have your premiums reduced.)



Scan the code to visit the City's website for information about the reduction of the premiums for the involuntarily unemployed.

National Health Insurance Premium Reduction/Exemption System for Former Dependents

If the head of the household, etc. is transferred from a social insurance to the Healthcare System for the Latter-Stage Elderly and, as a result, a family member aged 65 or over who was covered by the social insurance is required to join the National Health Insurance program, the income-based portion of the insurance premium will be fully exempted and the per-capita portion will be reduced to half for two years from the date of joining, upon application. For the person who has applied, the amount of the reduction/exemption will be shown in the Reduction/Exemption Amount (10) field in the upper right corner of the enclosed Notice of National Health Insurance Premiums.

If you join another health insurance scheme, you must follow the procedure for withdrawing from the National Health Insurance yourself.
* Failure to do so may mean having to pay double premiums.

● To begin each procedure, contact the Insurance and Pension Section in your area.

Residents Division at the City Office: Phone: 03-5662-6823, Address: 1-4-1, Chuo 132-8501
Komatsugawa Office: Phone: 03-3683-5185, Address: 4-1-1, Hirai 132-0035
Kasai Office: Phone: 03-3688-0438, Address: 3-10-1, Naka-Kasai 134-0083

Koiwa Office: Phone: 03-3657-7876, Address: 6-9-14, Higashi-Koiwa 133-0052
Eastern Office: Phone: 03-3679-1128, Address: 1-17-1, Higashi-Mizue 132-0014
Shishibone Office: Phone: 03-3678-6116, Address: 1-54-2, Shishibone 133-0073



Inclusive City
江戸川区

Notice of National Health Insurance Premiums for Fiscal Year 2025

National Health Insurance Premiums for fiscal year 2025 have been determined.

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The Notice of Determination of National Health Insurance Premiums and a set of Payment Forms are enclosed. The set consists of 11 sheets: 10 for monthly payments from June to March of the following year and one lump-sum payment sheet. (No Payment Form is enclosed for those paying by bank transfer.)

To prevent diseases and to control medical costs

[Inquiry] Health Checkup Section: Phone: 03-5662-0623 General Affairs Section: Phone: 03-5662-0540

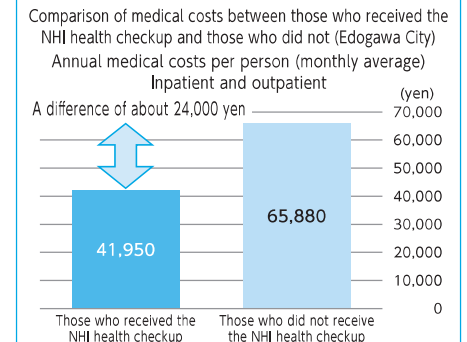
Because of the aging population and advancement in medical care, medical costs per person are rising every year. Since insurance premiums are determined based on the total annual medical costs required, it is important to control these costs.

Take the National Health Insurance (NHI) health checkup!

Comparing medical costs (inpatient and outpatient) per person on the health insurance claims of those who received the NHI health checkup and those who did not, the average monthly costs of the latter were about 24,000 yen higher than those of the former. A health checkup enables early detection and early treatment of diseases to prevent worsening of the diseases and to reduce medical costs as well as the physical burden. An NHI health checkup is free of charge. Upon reaching the age of 40, have an NHI health checkup every year!



Scan the code to visit the City's website for information about the NHI health checkup.



Source: Analysis of Cumulative Medical Costs in Fiscal 2023 (with/without medical checkup) on the KDB Forms

Screen for cancer as well!

All cancer screenings in Edogawa City are provided free of charge. Screen for cancer and get the NHI health checkup to protect your health. More than 90% of cancers can be cured if detected early. Early detection is crucial. Screen for cancer when you are in good health.



Scan the code to visit the City's website for information about cancer screening.

Receive a dental checkup once a year. Have a family dentist!

To enjoy eating throughout life and to live a happy and healthy life, have a family dentist and visit regularly.

Check with your local dentist for details.

*Registered residents of Edogawa City are entitled to free adult dental checkups (every five years from age 20 to 70) and oral health checkups (once a year for age 65 and older). If you are eligible, be sure to participate.



Dental and oral health

To maintain good dental and oral health, it is important to have a family dentist and perform daily self-care.



Tips for brushing and instructions on how to floss the teeth



Add flossing to your daily self-care routine >

Ripper, the character supporting the 8020 campaign (to keep 20 teeth until the age of 80) of Edogawa City

Use generic drugs.

Using generic drugs not only reduces the costs of your medications but also helps reduce the ever-increasing overall medical costs. If you wish to use generic drugs, consult with your doctor or pharmacist.

