

Use your Individual Number Card as a health insurance card.

[Inquiry] National Health Insurance Qualification Section: Phone: 03-5662-0560

From December 2, 2024, the health insurance card will be integrated into the Individual Number Card. Paper insurance cards will no longer be issued.

There are many benefits to using your Individual Number Card as a health insurance card.

You will receive data-driven, optimal medical care.

Compared with using the existing health insurance card, the medical fee paid by the patient at the counter for the first medical examination etc. will be lower.

Payments in excess of the high medical expense limit will be waived without any further action on the part of the patient.

If you have an Edogawa City health insurance card and eligibility has not changed, your current card is valid until the expiration date. If you do not have an Individual Number Card, the City will issue a Certificate of Eligibility that can be used in place of the health insurance card. (No additional process is required.)

◆ If you are a victim of domestic violence, abuse, etc., you are at risk of having your information viewed by the perpetrator at hospitals or on the Myna Portal. You are advised to notify the issuer of your health insurance card (health insurance association, municipality, etc.) to prevent your information from being viewed by others. If you make this notification, you will not be able to use your Individual Number Card as a health insurance card, and your information will be protected from being viewed on the Myna Portal. If these restrictions are no longer necessary, notify the issuer of your health insurance card of it.

Use account transfer when you pay your insurance premiums.

[Inquiry] Cashier: Phone: 03-5662-0795

Citizens who pay by account transfer will receive, at the end of each year, a Notice of the Amount of National Health Insurance Premiums Paid.

For more information, see page 18 of the National Health Insurance Guide.

How to apply for a payment by account transfer

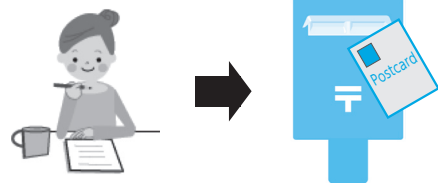
● By mail

Fill out and send an Account Transfer Request Form (postcard).

Scan the code on the right to request the necessary forms.



Procedures



Fill out the form.

Post it.

● At the counter

You can complete the procedure with your cash card at the counter of the Insurance and Pension Section of the Residents Division or each office.

What is required for the procedure

Cash card and health insurance card

Applicable financial institutions

- Mizuho Bank - MUFG Bank - Sumitomo Mitsui Banking Corporation - Resona Bank - The Chiba Bank - Kiraboshi Bank - The Higashi-Nippon Bank - Japan Post Bank - Asahi Shinkin Bank - The Tokyo Higashi Shinkin Bank - Kosan Shinkin Bank - Toei Shinkin Bank - The Komatsugawa Shinkin Bank



Payment using smartphone app is also available.

You can install an applicable app on your smartphone and use the app's camera function to scan the barcode on the Payment Form to pay your premiums. Applicable apps may be changed or added.



For more information, visit the City's website.

Reduction of insurance premiums for those who have left employment due to bankruptcy, dismissal, etc. (involuntarily unemployed persons)

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If you are covered by unemployment insurance and leave your employment due to bankruptcy, dismissal, termination of temporary employment, etc. (involuntarily unemployed), you may be eligible for a reduction in the amount of premiums you pay. The eligible person's premiums are calculated after reducing the previous year's salary income to 30%. (An application is required to have your premiums reduced.)



Scan the code to visit the City's website for information about the reduction of the premiums for the involuntarily unemployed.

For more information, see page 15 of the National Health Insurance Guide.

If you join another health insurance scheme, you must follow the procedure for withdrawing from the National Health Insurance yourself.

*Failure to do so may mean having to pay double premiums.

● To begin each procedure, contact the Insurance and Pension Section in your area.

Residents Division at the City Office: Phone: 03-5662-6823, Address: 1-4-1, Chuo 132-8501
Komatsugawa Office: Phone: 03-3683-5185, Address: 4-1-1, Hirai 132-0035
Kasai Office: Phone: 03-3688-0438, Address: 3-10-1, Naka-Kasai 134-0083

Koiwa Office: Phone: 03-3657-7876, Address: 6-9-14, Higashi-Koiwa 133-0052
Eastern Office: Phone: 03-3679-1128, Address: 1-17-1, Higashi-Mizue 132-0014
Shishibone Office: Phone: 03-3678-6116, Address: 1-54-2, Shishibone 133-0073



Inclusive City
IFU

Notice of National Health Insurance Premiums for Fiscal Year 2024

National Health Insurance Premiums for fiscal year 2024 have been determined.

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The Notice of Determination of National Health Insurance Premiums and a set of Payment Forms are enclosed. The set consists of 11 sheets: 10 for monthly payments from June to March of the following year and one lump-sum payment sheet. (No Payment Form is enclosed for those paying by bank transfer.)

To prevent diseases and to control medical costs

[Inquiry] Health Checkup Subsection: Phone: 03-5662-0623 General Affairs Section: Phone: 03-5662-0540

Because of the aging population and advancement in medical care, medical costs per person are rising every year. Since insurance premiums are determined based on the total annual medical costs required, it is important to control these costs.

Take the National Health Insurance (NHI) health checkup!

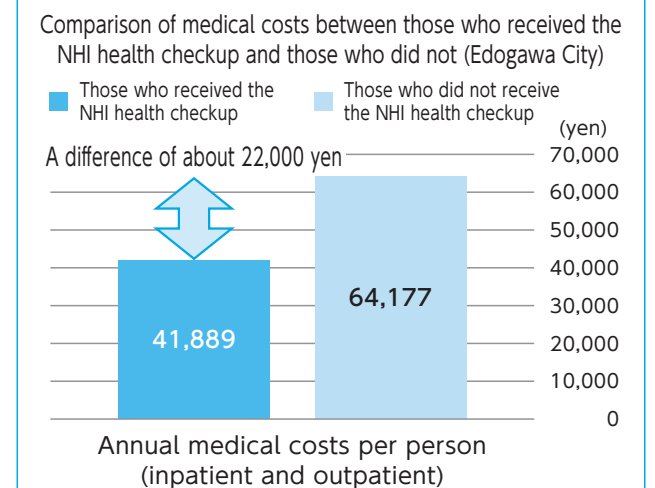
Comparing medical costs (inpatient and outpatient) per person on the health insurance claims of those who received the NHI health checkup and those who did not, the costs of the latter were about 22,000 yen higher than those of the former. A health checkup enables early detection and early treatment of diseases to prevent worsening of the diseases and to reduce medical costs as well as the physical burden.

An NHI health checkup is free of charge.

Upon reaching the age of 40, have an NHI health checkup every year!



Scan the code to visit the City's website for information about the NHI health checkup.



Source: Analysis of Cumulative Medical Costs in Fiscal 2022 (with/without health checkup) on the KDB Forms

Screen for cancer as well!

All cancer screenings in Edogawa City are provided free of charge. Screen for cancer and get the NHI health checkup to protect your health. More than 90% of cancers can be cured if detected early. Early detection is crucial. Screen for cancer when you are in good health.



Scan the code to visit the City's website for information about cancer screening.

Receive a dental checkup once a year. Have a family dentist!

To enjoy eating throughout life and to live a happy and healthy life, have a family dentist and visit regularly.

Check with your local dentist for details.

*Registered residents of Edogawa City are entitled to free adult dental checkups (every five years from age 20 to 70) and oral function checkups (once a year for age 65 and older). If you are eligible, be sure to participate.

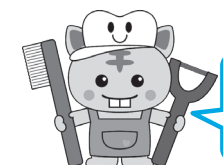


Dental and oral health

To maintain good dental and oral health, it is important to have a family dentist and perform daily self-care.



Tips for brushing teeth and how to use floss.



Add flossing to your daily self-care routine ♪
(This is a campaign to maintain more than 20 teeth even at the age of 80.) of Edogawa City

Use generic drugs.

Using generic drugs not only reduces the costs of your medications but also helps reduce the ever-increasing overall medical costs. If you wish to use generic drugs, consult with your doctor or pharmacist.

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